



Saturday, November 1, 2014

5K & 1-Mile Fun Run

South Central Park
7565 Avon Belden Road
North Ridgeville, OH 44039

7 a.m. Registration Begins


8:45 a.m. 1-Mile Fun Run

9 a.m. 5K Race Begins



ST. JOHN MEDICAL CENTER
A CATHOLIC HOSPITAL



Race begins and ends at South Central Park in North Ridgeville. All entrants must sport a 

To Register: Online at www.nridgeville.org/parksandrec before 8 a.m. on October 30th or mail this form with check. Must be received by Wednesday, October 29th. Fee is non-refundable and non-transferrable. Questions, contact Kevin at 440.353.0825 or kfougerousse@nridgeville.org.

Cost: Early Registration: 5K \$20 / 1 Mile \$15 / Children (12 & under) either event: \$15
Race Day: 5K \$25 / 1 Mile \$20 / Children (12 & under) either event: \$20

Race Packet: Available Thursday, October 30th from 3 p.m. – 6 p.m. at South Central Park Community Cabin or race day after 7 a.m.

Giveaways: Gender specific shirt, stache, guaranteed if registered by October 20th. Then while supplies last. Goody bag to first 500 pre-registered. Post-race refreshments will be provided. Award for Best Stache! This is a family-friendly event!

Awards: Gift card awarded to Top Overall Male & Female, medals will be awarded to top three runners in each age divisions.

Age Divisions: 12 and under; 13-16; 17-20; 21-25; 26-30; 31-35; 36-40; 41-45; 46-50; 51-55; 56-60; 61-65; 66+

Proceeds from the Cleveland Stache Dash will benefit the local Parks & Rec Department and School Athletic Association.

Name: _____ Date of Birth: ___/___/___ Age: _____ Sex (circle): **M** or **F**

Address: _____

Phone: _____ Email: _____

Event: _____ 5K Entry \$20.00 _____ 1 Mile Fun Run (Any Age) \$15.00 **Shirt & Stache is included for both events.**

Payment Type: Cash _____ Check _____ Check No.: _____ Receipt No.: _____ Staff Initials: _____

T-shirt size (chooses size / gender carefully):

Youth _____ M (10-12) _____ L (14-16) _____ XL (16+) **Men's** _____ S _____ M _____ L _____ XL **Women's** _____ S _____ M _____ L _____ XL

I hereby acknowledge that by entering this race, I waive any and all claims for damages that I may have against the City of North Ridgeville, The Parks and Rec Administration, or DMC Timing and all other involved in the production of this race, in connection with any and all injuries suffered by me while running, traveling to and/or from, or by participating in this event. I attest that I am physically fit and have trained to participate in this event. I have full knowledge of the risks involved. I further acknowledge that the race course may contain uneven surface conditions. I am aware that the race is on public roads and vehicular traffic may be encountered, and I accept these risks. This waiver shall be binding on my heirs, executors, and / or assignees. I give my full permission to City of North Ridgeville and their sponsors and corporate partners to use any photographs, videotapes, or other recordings of me that are made during the course of the event.

Signature

Date

Signature of parent or guardian if under the age of 18

Date

Return completed form along with payment (payable to) to: N Ridgeville Parks & Rec, 7307 Avon Belden Rd, N Ridgeville, OH 44039