Cleveland Clinic



Healthy Strides... Come Walk with Us!

Healthy Strides... Come Walk with Us! combines a casual 30-minute walk, preceded by a brief informative talk by local health professionals and city officials. The program will run for 13 consecutive Thursdays, with a guest speaker every other week beginning on June 8.

All members of the community are welcome. Free to attend. No registration required.

In the event of inclement weather, walks may be canceled. Updates will be posted at: www.nridgeville.org/parksandrec.

WHEN:	Every Thursday, June 8 through August 31
WHERE:	South Central Park - Pavilion 1 7565 Avon Belden Road North Ridgeville, OH, 44039
TIME:	6:00 - 7:00 p.m.
CONTACT:	For more information or questions call 216.386.7441 or email <u>comewalkwithus@ccf.org</u> .
SPONSORS:	North Ridgeville



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Cleveland Clinic's Office of Government & Community Relations centers around the Let's Move It® initiative - our strategy for improving the overall well-being of the residents in the communities we serve by positively "moving the dial" on healthy lifestyles, education, economic vitality, legislation, and policy. www.ccf.org/GCR