

## **Sponsors:**

## Cleveland Clinic

## Saturday November 7, 2015 5K & 1 – Mile Fun Run

LET'S **MOVE** IT!

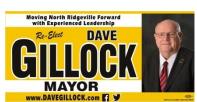
South Central Park 7565 Avon Belden Road North Ridgeville, Ohio 44039





7:00AM Race Day Registration Begins 8:45AM 1 – Mile Fun Run / Walk 9:00AM 5 K Begins





Race begins and ends at South Central Park in North Ridgeville. All entrants must sport a



**To Register:** Online at <a href="https://www.nridgeville.org/parksandrec">www.nridgeville.org/parksandrec</a> before 8 a.m. on November 5<sup>th</sup> or mail this form with check. Must be

received by Wednesday, November 4<sup>th</sup>. Fee is non-refundable and non-transferrable. Questions, contact Kevin at (440)

353-0825 or kfougerousse@nridgeville.org.

Cost: Early Registration: 5K \$30 / 1 Mile \$25 / Children (12 & under) either event: \$25

Race Day: 5K \$35 / 1 Mile \$30 / Children (12 & under) either event: \$30

Race Packet: Available Thursday, November 5 from 4p.m.-7p.m. at South Central Park Community Cabin or race day after 7 a.m.

Giveaways: Hooded Sweatshirt, Stache, guaranteed if registered by October 26<sup>th</sup>. Then while supplies last. Goody bag to first 300

pre-registered. Post-race refreshments will be provided. Award for Best Stache! This is a family-friendly event!

**Awards:** Gift card awarded to Top Overall Male & Female, medals will be awarded to top three runners in each age divisions.

**Age Divisions:** 12 and under; 13-16; 17-20; 21-25; 26-30; 31-35; 36-40; 41-45; 46-50; 51-55; 56-60; 61-65; 66+

Proceeds from the Cleveland Stache Dash will benefit North Ridgeville Parks & Rec Department and School Athletic Association.

Name:	Date of Bir	th:// Age:	Sex (circle): <b>M or F</b>
Address:			
Phone:	_ Email:		
Event: 5K Entry \$30.00 1 Mile Fun Run (.	Any Age) \$25.00 <b>Hood</b>	ed Sweatshirt & Stache	e is included for both events.
Payment Type: Cash Check Check No	o.: Credit	Receipt No.:	Staff Initials:
Sweatshirt Size:			
Youth M (10-12)L (14-16)XL (16+	) AdultSM _	LXL	
I hereby acknowledge that by entering this race, I waive any and all claim and all other involved in the production of this race, in connection with ar that I am physically fit and have trained to participate in this event. I hav conditions. I am aware that the race is on public roads and vehicular traffassignees. I give my full permission to City of North Ridgeville and their spathe course of the event.	ny and all injuries suffered by me ve full knowledge of the risks invo fic may be encountered, and I acc	while running, traveling to and/ lved. I further acknowledge tha cept these risks. This waiver sha	for from, or by participating in this event. I attest at the race course may contain uneven surface all be binding on my heirs, executors, and / or
Signature	 Da	te	
Signature of parent or guardian if under the age of 18		 te	