

Senior Center

NORTH RIDGEVILLE OFFICE FOR OLDER ADULTS
7327 Avon Belden Road
North Ridgeville, Ohio 44039
Phone: 440-353-0828



SEPTEMBER-OCTOBER 2020

OFFICE HOURS:

Monday–Friday: 8 AM - 4:30 PM

**Closed: Monday, September 7
Labor Day**

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Important Information!

As of this printing, we are closed until further notice. Please call the front desk with questions at (440) 353-0828 and leave us a message. We will get back to you as soon as we can.
Thank you and be safe!

ATTENTION

Please be sure to visit page 7 to get information on the Drive Thru Pre-Order Spaghetti Dinners!

A MESSAGE FROM MEREDITH



Hello Everyone!

It has been a long 4 months or so since I have seen all of your smiling faces. I hope you are all managing to do well and stay in touch during these uncertain times. At this time, we still do not know when we will be given permission to open our doors again. When flipping through this newsletter, it is going to look a little different than what you are used to.

We will be holding our regularly scheduled Spaghetti Dinners on Friday, September 25 and Friday, October 30 from 5:00-7:00PM. These will be drive-thru by pre-order only. Please see page 7 for more details.

We are bringing lawn chair BINGO back for the month of September! Please make sure that you call ahead of time to register for any of our outdoor programs. Unfortunately, we have to cancel if we do not get enough registrations. I really do hope to see you all soon. No one could have predicted that this would happen; all that we can do is make the best of it. I hope you are all finding ways to stay busy and keep active.

Stay healthy!
Meredith



A MESSAGE FROM MAYOR CORCORAN



City Hall Hours:

Mon. - Fri.

8:00 a.m.
until
4:30 p.m.

City offices will
be closed on:
**Monday,
September 7
for Labor Day**



As we move into the fall season, the COVID-19 pandemic is still very much a part of our everyday lives. Per the order of Governor DeWine and the recommendation of Lorain County Public Health the center will continue to remain closed until further notice. Even though the Senior Center building doors are locked, our staff is working diligently to provide services and social events with your health and safety in mind. Outdoor activities are underway with social distancing and wearing of face masks to keep everyone safe. I hope you consider taking part in the offerings in order to stay active during this pandemic.

The Spaghetti Dinners held at the Senior Center have always been well attended and a highlight for many of you that have either volunteered your time or just enjoyed a plate of delicious spaghetti. With the state mandate in place, the plan moving forward with the September 25 and October 30 spaghetti dinners will be done through pre-ordered/pre-paid meals with a drive thru distribution. You'll find more details later in this newsletter including the deadlines for ordering your meals. This was the best alternative we could come up with to avoid having to cancel these dinners. Please consider placing your orders by the noted deadlines to enjoy our infamous spaghetti dinners. Bon Appétit!

SafeWise specializes in home security and safety. They released their annual 100 safest cities in the U.S. report. I am happy to share that North Ridgeville ranks number 17 in the country! To compile this report, SafeWise used the most recent FBI crime data along with population data to analyze and rank the cities. To see the complete report and full list of cities, please visit our website at www.nridgeville.org. Thank you to our wonderful safety forces and to our community members for their diligence in reporting suspicious activity. It takes all of us working together to achieve this outstanding designation!

I would like to invite you to my monthly Coffee & Conversation – September 17 and October 19 from 8-9 AM. Please visit our city's website at www.nridgeville.org for details closer to these dates to determine whether or not these will be offered in person or virtually via Zoom.

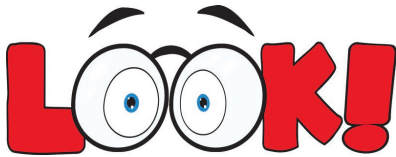
If you have any questions, please feel free to call my office at (440) 353-0811. Enjoy the cooler temperatures and the fall colors!

Sincerely,
Mayor Kevin Corcoran



WELCOME TO NORTH RIDGEVILLE SENIOR CENTER

If you haven't already, it's time to renew your newsletter subscription for 2020. The \$8.00 fee per household helps defray our costs to mail this newsletter every other month so we can keep you updated on activities here at the Senior Center.



If your mailing label reads "2020" or "0" for Lifetime Subscription Members, you are current on your subscription for this year.

We will be going through our list regularly and removing for anyone who does not keep their subscription current so we can keep our costs down. If you move, please update us on your new address.

SUBSCRIPTION FORM - OFFICE FOR OLDER ADULTS

7327 AVON BELDEN ROAD
NORTH RIDGEVILLE, OHIO 44039
PHONE: (440) 353-0828

YEAR _____ LIFETIME* _____ RENEWAL: YES / NO

DATE _____

*Please make checks payable to
The N. R Office for Older Adults*

NAME _____

ADDRESS _____

CITY/STATE/ZIP CODE _____

PHONE: _____

EMAIL: _____

Please list below any areas of interest regarding classes, speakers, trips, activities at the Center, or any other interests you may have.

***Lifetime Subscription eliminates having to pay your annual subscription fees each year.
Annual Cost (per household): \$8.00 Lifetime Subscription: \$ 75.00**

NORTH RIDGEVILLE BRANCH LIBRARY NEWS

JENNIFER WINKLER, BRANCH LIBRARIAN SUPERVISOR



We are **OPEN** six days a week and the first hour of every day, from Noon to 1 p.m., is reserved for our senior patrons and those that are immunocompromised. For those that are still hesitant to come inside, we understand! Our drive-thru window is open Monday through Saturday from Noon to 6 p.m. and we also have hold lockers located outside the front door of the building that are accessible 24/7. You can place a book on hold and when it is available, you simply follow the prompts on the enclosed computer screen to pick it up from the locker. We are also continuing our curbside

service, where library staff brings your items out to you and places them in the trunk of your car. Curbside service does require a cell phone, as you need to call the branch to let them know you have arrived and in which parking spot you are located. If you prefer to not leave the comfort of home, we have temporarily expanded our Books by Mail service to all patrons in our service area over the age of 60. You can sign up for this service online at LorainPublicLibrary.org or call 440-244-1192 ext. 8277 and speak to Stephanie. Whatever your circumstance or level of comfort, your North Ridgeville Branch of the Lorain Public Library System is here to serve you.

North Ridgeville Farmers Fresh Produce Pick-Ups Thursdays from 3 to 4 p.m. through September 10

Support local farmers by reserving a bag of fresh produce for pick-up from the North Ridgeville Branch parking lot every Thursday between 3 and 4 p.m. Produce is sold for \$10 per bag and exact change is required. This program is sponsored by North Ridgeville Heart and Sole. For more

information or to reserve produce, visit bit.ly/producelibrary or [//Facebook.com/NRHeartandSole](https://Facebook.com/NRHeartandSole).
Produce Pick-Up Schedule: Thursday, September 3:
Willie's, Thursday, September 10: Red Barn



Grab & Go Activity Kits

We have "Grab & Go Activity Kits" at most branches every day while supplies last! It's a different activity at each branch and the themes change every week so keep checking LorainPublicLibrary.org for what is coming or call your local branch for availability!



OUTDOOR FUN AT THE CENTER WE HOPE YOU'LL JOIN US!



Lawn Chair BINGO

Grab your lawn chair and join us for some socially distanced BINGO! The program will take place on the following Thursdays September 3, 10, 17 & 24. at 10:30 AM. Bring your own chair and your good luck marker (or we will provide a marker for you!). Meet us in the grass along Bainbridge Rd near the intersection of Bainbridge and Rt. 83, weather permitting.
Please call (440) 353-0828 to register.

Walk in the Park

Join the Senior Center Director for a socially distanced walk in the park on Tuesdays and Fridays at 10:30 (we have already started!) through Friday, October 9. Walking will start in the Senior Center parking lot and head to the South Central Park trail. Please remember, we will need to stay 6 feet apart. Weather permitting. Please call (440) 353-0828 to register.

Reservations Please

Due to limited staffing and resources during this time we ask that you please call in your reservation for activities early. *If you can not make it once you have called in your R.S.V.P., please let us know so we can add someone from our wait list.*

Thank You!
440-353-0828

DRIVE THRU PRE-ORDER SPAGHETTI DINNERS



DATES:

Friday, September 25

Sponsored by: North Ridgeville Lions Club

Pre-Order Deadline: September 11

Friday, October 30

Sponsored by: VFW Post 9871

Pre-Order Deadline: October 16

Spaghetti Dinner drive thru distribution from 5-7 PM at the Senior Center. Cost is \$6 per dinner and includes spaghetti and meatballs and garlic bread.

Your pre-order and payment must be received **by mail** no later than

September 11 and October 16. **These Spaghetti Dinners are**

PRE-ORDER ONLY, you will not be served unless you have placed a pre-order. Please include your name and address along with payment to North Ridgeville Senior Center, 7327 Avon Belden Road, North Ridgeville, OH 44039. Tickets will be mailed to you to redeem the day of the dinner.

{special}

THANKS

to our sponsors

North Ridgeville Lion's Club

VFW Post 9871

DONATIONS/MEMORIALS/WILLS/PUZZLE

DONATIONS /MEMORIALS /WILLS

Please continue to remember the Senior Center for donations, memorials and bequests of your loved ones. Checks made out to our 501(c)(3), the non-profit arm of the Senior Center, North Ridgeville Seniors, Inc. are tax-deductible. We also accept and we appreciate donations made through your Will or Trust.
Thank You for remembering us!



65 Cooking Terms Word Search



AL DENTE
BASTE
BEAT
BLANCH
BLEND
BLIND BAKE
BOIL
BRAISE
BROIL
CARAMELIZE
CHIFFONADE
CHOP
CLARIFY
COAT
CREAM
CRUSH
CUBE

DASH
DEEP FRY
DICE
DILUTE
DREDGE
DUST
EMULSIFY
FILET
FILTER
FLAMBE
FOLD
GLAZE
GRATE
GREASE
GRILL
GRIND
HULL

JULIENNE
KNEAD
MACEDOINE
MARINATE
MASH
MIREPOIX
MIX
MOISTEN
MULL
PARE
PINCH
POACH
PUREE
REDUCE
ROUX
SAUTE
SCALD

SCORE
SEAR
SEASON
SHUCK
SIFT
SIMMER
STEAM
STEEP
STIR
TOSS
TRUSS
WHIP
WHISK
ZEST



PUZZLE

H	S	P	I	D	E	R	S	H	N	G	R	A	V	E	Y	A	R	D	F
S	A	C	D	V	S	F	D	S	I	O	X	Y	I	K	E	U	S	G	L
E	S	L	A	B	J	T	H	D	E	G	T	A	V	C	D	H	N	C	O
H	W	M	L	R	T	R	A	M	T	I	H	E	R	A	P	I	C	B	W
C	A	J	F	O	Y	M	O	B	S	N	F	O	L	J	N	S	A	Y	E
T	M	D	Z	S	W	N	S	L	N	E	I	N	S	E	N	Z	U	K	R
I	P	E	C	G	S	E	P	E	E	T	P	K	T	T	K	T	L	C	E
W	O	W	L	T	L	H	E	E	K	K	Q	H	P	H	S	S	D	I	W
X	G	F	E	D	A	N	T	N	N	K	G	I	B	M	G	X	R	R	Y
Z	P	R	N	U	O	S	F	T	A	I	U	A	R	S	U	I	O	T	I
I	S	A	N	O	E	S	P	I	R	I	T	S	H	P	R	P	N	E	Q
H	C	T	M	I	M	U	Y	F	F	O	B	Z	A	O	E	S	U	O	H
D	E	T	M	H	T	Q	S	K	M	R	W	P	Y	O	B	O	N	E	S
D	R	M	A	A	D	E	L	B	O	M	C	Q	R	K	N	I	Q	W	K
A	U	A	E	N	N	T	S	O	D	B	J	A	I	Y	M	Y	H	U	N
M	U	R	C	D	I	Z	M	L	G	B	V	E	D	P	R	H	H	A	G
H	T	B	Q	U	W	D	P	V	C	K	J	B	E	A	A	R	F	O	P
N	D	U	H	Q	L	J	N	R	E	T	N	A	L	L	U	K	S	Q	M
X	C	Y	B	W	P	A	Q	R	S	E	M	U	T	S	O	C	N	Q	A
L	L	C	T	X	G	I	P	D	V	D	Q	Z	P	I	W	X	E	R	T

BATS
CANDLES
DRACULA
GHOSTS
HAUNTED
JACK
MOON
OWL
SKELETON
SPIRITS
TOMBS
WEREWOLF

BONES
CAULDRON
FRANKENSTEIN
GRAVEYARD
HAYRIDE
LANTERN
MUMMIES
PUMPKIN
SKULL
SPOOKY
TREAT
WITCHES

BROOM
COSTUMES
FRIGHTENING
HALLOWEEN
HOUSE
MONSTERS
NIGHT
SCARY
SPIDERS
SWAMP
TRICK



PUZZLE

Presidential Puzzle

Fill in the blanks to spell the names of 10 past U.S. Presidents.

1. J _____ R _____

2. J _____ L _____

3. _____ J _____ I _____ A _____ N _____

4. W _____ A _____ C _____ L _____

5. _____ I _____ X _____

6. _____ M _____ A _____ E _____

7. _____ L _____ I _____ T _____

8. _____ H _____ Y _____

9. G _____ S _____

10. _____ E _____ A _____ S _____

Please see page 13 for the answer key!

PUZZLE

Brand Name Knowledge

Finish the '60s Slogan with the brand name:

Everyone knows it's _____.

Oh, I wish I were an _____.

Things go better with _____.

In the valley of the jolly _____.

_____ the San Francisco Treat.

It's the _____ Difference.

Hot Dogs, _____ hot dogs.

A _____ a day helps you work, rest and play.

Beanz Meanz _____.

Nothing runs like a _____.

Please see page 13 for the answer key!



The services provided are funded entirely by the City of North Ridgeville, donations and North Ridgeville Seniors, Inc. Transportation receives a small grant from Title III-B of the Older Americans Act through the Ohio Department on Aging administered by the Western Reserve Area Agency on Aging.

Please call us at 440-353-0828 for any questions you might have regarding the services we provide.

NEED A BIRTHDAY GIFT IDEA!

Gift certificates for our Meals-On-Wheels Program are always available by calling 440-353-0857. These are always wonderful Birthday or anytime gifts!

They are always available and help your older family member by purchasing something they need.

This is a perfect gift for family members, friends or neighbors on either of your programs and can be purchased in a variety of denominations.

SENIOR SERVICES

LOCK BOXES

The Lock Box saves damage to your property and saves time for our paramedics when trying to gain access into your home. North Ridgeville Seniors, Inc., and the North Ridgeville Fire Department are proud to provide Lock Boxes to our North Ridgeville seniors. **A donation of \$30 is required for a Lock Box for seniors 60+. Lock Boxes are available to anyone else for \$40.** Applications can be found at the Senior Center or at www.nridgeville.org. *The cost of the Lock Boxes are supplemented by North Ridgeville Seniors, Inc. Thank You!*

SENIOR SUPPER CLUB

Seniors can eat at St. John Medical Center's Terrace View Café (cafeteria) for a discount. Anyone over the age of 60 can simply pick up a card from our receptionist for a 40% discount on all food (except bottled beverages and "Simply to Go" items). There is a \$10 limit per customer for discount, after that the items are full price.

MEALS-ON-WHEELS

CAN WE HELP?

The North Ridgeville Office for Older Adults (Senior Center) offers a Meals on Wheels program to seniors 60 years and older. A nutritious meal is delivered right to their door on Mondays and Wednesdays for a total of up to 5 meals per week. Each meal is delivered before noon and contains an entrée and fruit or 100% juice. Meals are delivered in microwaveable containers and will need to be heated upon delivery.

It is our goal to provide a nutritious noon meal to all of our clients; however, we cannot do special diets (e.g. diabetic). The price for a meal is \$3.75. Our friendly, courteous volunteer drivers pick up the meals from the Senior Center and deliver them to our clients. For additional information, please give us a call at (440) 353-0857.

WHO IS ELIGIBLE FOR MEALS-ON-WHEELS?

Anyone 60 or older who lives in North Ridgeville. We do not adhere to any special diets so we do require a doctor's authorization prior to anyone coming on the program. Our case manager will do a home visit before signing anyone up for Meals-On-Wheels.

SENIOR SERVICES CONTINUED...ANSWER KEYS



OUTREACH PROGRAM

A very special thank you to the Grafton V.F.W. Post 3341 for staffing/organizing our Outreach Program in Grafton. Located at 783 Huron St., they always have something special happening. The Grafton VFW and the North Ridgeville Senior Center team up to provide Outreach Programs for Seniors at the VFW hall at **NO COST** to the senior. A calendar of events can be found in the **Rural Urban Newspaper**. For information on the programs, please contact the VFW at 440-926-3341 for an updated schedule.

SUPPORTIVE SERVICES

Supportive Services are provided for persons 60 and older. These services provide linkage to social service agencies, home health care services, support groups, telephone reassurances, and much more. The purpose of Supportive Services is to try to help seniors maintain independence, and to be a source of information for and about seniors. If you need assistance, or if you have any questions, call 440-353-0857 Monday thru Friday, 10 a.m. - 4 p.m.

ANSWER KEYS

PRESIDENTIAL PUZZLE SOLUTION:

1. James Monroe
2. James Polk
3. Benjamin Harrison
4. William McKinley
5. Richard Nixon
6. Jimmy Carter
7. Bill Clinton
8. John Tyler
9. George Washington
10. James Madison

FINISH THE SLOGAN SOLUTION:

1. Slinky
2. Oscar Myer Weiner
3. Coke
4. Green Giant
5. Rice A Roni
6. Dr. Pepper
7. Armour
8. Mars
9. Heinz
10. Deere

GOLDEN BUCKEYE CARD INFORMATION:

Participation in the Golden Buckeye program is free to all Ohio residents who are:

- **Age 60 or over (proof of age required).**
- **Age 18-59 with a Social Security Administration defined disability.**

If you are just turning 60 and have an Ohio driver's license, you will automatically be mailed your card just before your birthday. If you have not received the card four weeks after your birthday, call toll-free 1-866-301-6446 or if your card was lost or stolen, call 1-866-301-6446 to get a new card.

Stop by the Senior Center to fill out an application or for more information visit the website at www.goldenbuckeye.com.

HEALTH INSURANCE COUNSELING

Health insurance counseling is available by appointment only at the Senior Center. To arrange for a counseling appointment, call 440-353-0856 or 440-353-0857 for information.

Office for Older Adults
North Ridgeville Seniors, Inc.
7327 Avon Belden Road
North Ridgeville, OH 44039

NON-PROFIT ORGANIZATION
U.S. POSTAGE PAID
ELYRIA, OHIO 44035
#135

LOOK AT THE LABEL:
Your membership is paid
through the end of the year
listed in the corner.

Address Service Requested

SEND TO:

FUNDED BY THE CITY OF
NORTH RIDGEVILLE,
DONATIONS, SERVICE
FEES AND THE OLDER
AMERICANS ACT.

North Ridgeville Senior Center Newsletter

September & October 2020

(440) 353-0828
7327 Avon Belden Road

IMPORTANT INFORMATION!

Please note that this edition of the Senior Center Newsletter for September & October will have updated current outdoor activities available to our seniors. Please call to register!

Please call the front desk at 440-353-0828 and leave us a message. We will get back to you as soon as we can. Thank you and be safe!

