

Senior Center

NORTH RIDGEVILLE OFFICE FOR OLDER ADULTS
7327 Avon Belden Road
North Ridgeville, Ohio 44039
Phone: 440-353-0828



MAY-JUNE 2020

OFFICE HOURS:

Monday–Friday: 8 AM - 4:30 PM

**Closed: Monday May 25th
Memorial Day**

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Important Information!

Please note that this edition of the Senior Center Newsletter for May and June will have all regularly scheduled activities and programs listed . **These activities will only be held if our stay-at-home order is lifted and it is safe for all of us to meet face to face again.** When in doubt, call and ask. As of this printing, we are closed until at least May 1, 2020. Please call the front desk at 440-353-0828 and leave us a message. We will get back to you as soon as we can. Thank you and be safe!



A MESSAGE FROM MEREDITH



Bailey Joy Bement made her arrival on Thursday March 26th at 9:58pm. She weighed in at 7lbs 6 oz. We can't wait until we are able to re-open our doors to share pictures!

North Ridgeville Community Care Updates

As the health and safety for our volunteers and clients is paramount we have made the difficult decision to change the way we will be serving our clients. We will be open, but we will not have any volunteers at the center. Therefore, all food distribution will be a pass through at our side door.

If you are a client and are home bound or feel it is unsafe to come out please call the center and we will make arrangements for you. 440-353-9716.

As another precaution, for the time being we will only accept food donations: canned, fresh, frozen (see times below)

Temporary Hours of Operation:
Monday and Tuesday 9:30 am -1:30 pm
Thursday 3:00 pm - 6:00 pm

Contact:

34015 Center Ridge Rd., North Ridgeville, Ohio 44039
Phone: 440-353-9716

Executive Director, Heather A. Kaesgen - Heather@nrcommcare.org
Assistant Director, Daphne D. Yost - nrccare1@gmail.com

A MESSAGE FROM MAYOR CORCORAN



City Hall Hours:

Mon. - Fri.

8:00 a.m.
until
4:30 p.m.

City offices will
be closed on:
**Monday
May 25
for
Memorial Day**



During this time of uncertainty with the COVID-19 pandemic, nothing is more important to us than the safety of our residents. Throughout this pandemic, we will continue making decisions with the best interests of our community in mind, based on the best information available to us at the time.

We are not alone in facing this pandemic. A strong sense of community makes all the difference when overcoming any challenge. This is true in our personal lives and for me as your Mayor representing our city. I am confident that we are going to come through this successfully, together as a community.

At the time of this writing in mid-April, **our doors at City Hall and the Senior Center are locked but we are still here to serve your needs. We are continuing to conduct business but in a much different way. You can reach us by phone or by email. You can visit our city's website at www.nridgeville.org and click the "Contact Us" link to access the department directory.** While you are on the website, please be sure to read the recent news items and to sign up for Emergency Alerts to receive important messages from the city. When in doubt on who to contact, please feel free to call City Hall at (440) 353-0819 and you'll be directed to the proper person or department.

If you have any questions, please feel free to call my office at (440) 353-0811.

Sincerely,
Mayor Kevin Corcoran



Spaghetti Dinner

Please join us on September 25th for our
next Spaghetti Dinner!

Our Sponsor is The North Ridgeville
Lions Club

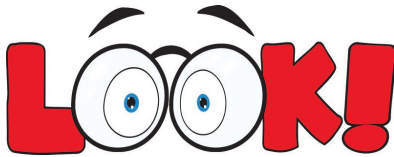
We welcome you all back for Spaghetti Dinner on September 25th to enjoy our famous meal of spaghetti, sauce and meatballs, garlic bread and salad. Adults \$7.00, Seniors \$6.00 and Children 10 and under \$4.00: dessert \$1.00, pop \$.50 extra and carry out is available.

Mark your calendar for October 30th! Last Spaghetti Dinner of the year!



WELCOME TO NORTH RIDGEVILLE SENIOR CENTER

If you haven't already, it's time to renew your newsletter subscription for 2020. The \$8.00 fee per household helps defray our costs to mail this newsletter every other month so we can keep you updated on activities here at the Senior Center.



If your mailing label reads "2020" or "0" for Lifetime Subscription Members, you are current on your subscription for this year.

We will be going through our list regularly and removing for anyone who does not keep their subscription current so we can keep our costs down. If you move, please update us on your new address.

SUBSCRIPTION FORM - OFFICE FOR OLDER ADULTS

7327 AVON BELDEN ROAD
NORTH RIDGEVILLE, OHIO 44039
PHONE: (440) 353-0828

YEAR _____ LIFETIME* _____ RENEWAL: YES / NO

DATE _____

*Please make checks payable to
The N. R Office for Older Adults*

NAME _____

ADDRESS _____

CITY/STATE/ZIP CODE _____

PHONE: _____

EMAIL: _____

Please list below any areas of interest regarding classes, speakers, trips, activities at the Center, or any other interests you may have.

***Lifetime Subscription eliminates having to pay your annual subscription fees each year.
Annual Cost (per household): \$8.00 Lifetime Subscription: \$ 75.00**

NORTH RIDGEVILLE BRANCH LIBRARY NEWS

JENNIFER WINKLER, BRANCH LIBRARIAN SUPERVISOR



We hope that you and your family are safe and well! The Library is here for you, even when we cannot be together. As everyone adjusts to social distancing, the Lorain Public Library System continues to expand its online offerings. Our eLibrary is available 24/7 where you can download free eBooks, audiobooks, magazines, and stream music, videos and more—all from the comfort of your own home! To get started, all you need is a library card. No library card, no problem! You can apply for a card on the eLibrary page of our website at LorainPublicLibrary.org. From there, you can browse our entire eLibrary and unlock thousands of free downloadable and/or streaming items.

Need help getting started? Library staff created customized video tutorials for our most popular resources. These are available on our website, where you can also use the “Ask a Librarian” option to email us questions. Not connected to the internet? We have you covered! Until the library reopens, library staff are available Monday through Friday from 11 a.m. to 1 p.m. and 3 to 5 p.m. to answer your calls. Simply call the Main Library at 440-244-1192 and press 7 to connect to a librarian. You can also bring your device and access free Wi-Fi from any of our parking lots.

We are all in this together! Even though you may not be able to visit the North Ridgeville Branch, we are committed to adapting our programs so you can still enjoy them at home. LPLS has created a *Virtual Book Discussion* with lively exchanges and witty banter featuring popular Hoopla titles. Similarly, the *Virtual Writers Group* serves as a hub for all LPLS writers and provides daily writing prompts, critiques, and camaraderie. With Fitness Friday, you can explore different exercise regimens, such as tai-chi and yoga, courtesy of our Kanopy Video Collection. Like and follow the Library’s Facebook page to stay connected to community information, crafts, popular resources and much more. In these uncertain times, visit us online at LorainPublicLibrary.org or call the Main Library at 440-244-1192 to stay up-to-date on the latest changes and programs. We look forward to resuming normal services and seeing our wonderful patrons!

Check out the Lorain Public Library System staff’s favorite eLibrary resources! Visit LorainPublicLibrary.org to view tutorials and access this information.

Creativebug.com has more than 1,000 award-winning art & craft video classes taught by recognized design experts and artists.

Hoopla: Borrow free eBooks, comic books, audiobooks, music digital movies and TV shows. Gain access to thousands of titles that are available for instant streaming or temporary download on their mobile device. Best of all, Hoopla does not have licensing limits, so multiple people can check out the same eBook or audiobook simultaneously. Materials checkout for 21 days. *Available as an app.*

Kanopy Video Collection: Watch over 26,000 films on Kanopy! The variety of films available includes classic films from The Criterion Collection, The Great Courses and PBS. You can also indulge in viewing festival indie or world cinema sourced from award-winning filmmakers. Kanopy makes it easy to watch any time, to share and to discuss films. *Available as an app.*

Lynda.com: Learn business, technology, and creative skills to achieve personal and professional goals using these free video courses on the latest software, taught by industry experts. Online videos are available for Developer, IT, Business, Marketing, Photography, 3D + Animation, Video, Web, and more. Both in-library and remote users must enter their library card number and PIN to access Lynda.com. This is ideal for older students, educators, professionals and truly any individual interested in lifelong learning. *Available as an app.*

OverDrive: Find free eBooks, audiobooks, videos available for download. Materials check out for up to 21 days. *Available as an app.*

FUN AT THE CENTER WE HOPE YOU'LL JOIN US!



It's a wonderful morning of friendship at our Men's Breakfast. If you are 55 or older, join us at 9:00 am for a hot entrée, coffee, fruit cup, and juice are all included for the \$3.00 price. It's a fun filled morning of good food, fellowship and a wonderful speaker or entertainment. Reservations please by calling 440-353-0828, by 10am Wednesday morning.

May 7th
May 21st
June 4th
June 18th

The ladies will inform you of the speaker and menu when they make reminder calls. You can also stop by the center or check out our Facebook page for more info!

Ladies meet at 10:30am for friendly conversation and program on the fourth Thursday of every month. The Brunch is a hot entrée, fruit, juice and coffee for only \$3.00. Reservations please by 10am Wednesday morning by calling (440) 353-0828.

May 28th and June 25th entertainment or speakers have yet to be determined.

The front desk ladies will let you know of the entertainment and menu when they make reminder calls.

You can also stop by the center or check out our Facebook page for more info!



May 14th— It will be our Happy Birthday celebration for all those we missed while we were apart. Lunch will be Patty Melt, waffle fries, potato salad and birthday cake.

June 11th—We will celebrate National Donut Day! Daniel Elish will be singing for our entertainment and we will have meatloaf, mashed potatoes, carrots and a donut for dessert!

The cost is \$5 per person and lunch is served at 12 noon—Entertainment follows. These lunches fill up quickly, so call in your reservations early to 440-353-0828.

Reservations
Please
Our breakfasts, lunches and brunches fill up quickly so please call in your reservation early. If you can not make it once you have called in your R.S.V.P., please let us know so we can add someone from our wait list.

Thank You!

FUN AT THE CENTER CONTINUED...

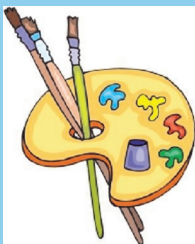


****Memory Lane Trivia****

We are still looking for teams or individuals to play along with the area Senior Centers in "Memory Lane Trivia". The other Senior Centers are Westlake, North Olmsted, Bay Village, Rocky River and Fairview Park; each facility hosts a day of trivia and is played 1:30 -3:30 pm (2 hours). Teams consist of a maximum of 6 players, but not necessary; if you don't have 5 other people to form a team you will be matched with others in the same situation. All interested seniors are to please call the Senior Center at 353-0828 for further information or to register.

Dates/times/locations:

Tues, June 30 @ N Ridgeville 1:30PM
Wed, August 19 @Fairview Pk 1:30PM
Fri, October 23 @Rocky River 1:30PM
Wed, December 2 @N Olmsted 1:30PM



Freestyle (Watercolor) Art Group

Our art enthusiasts gather for morning of painting and conversation on

Wednesdays 9:30 am- 12 (noon). There is no formal instruction, but all that attend assist each other with projects when needed. If interested, bring your paints and stop in on **Wednesdays 9:30 am – 12:00 (noon)** at the Senior Center.

EUCHRE & CANASTA

Group meets on **Wednesdays** from 12:30 p.m. until 4:00 p.m.

EUCHRE & PINOCHLE

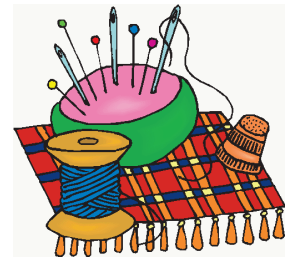
Our card players meet on **Thursdays** from 12 noon until

4pm to play Euchre or Pinochle (except on Super Thursdays when all card playing begins at 1:30 pm).



Monday Crafts, 10 am – 2 pm

Our craft group continues to welcome new people and keep busy making new, different and exciting craft projects. They welcome ideas, but will share ours to make for the Craft Store here at the Senior Center. A soup lunch including beverage is \$.35 for our crafters at noon.



PUZZLE EXCHANGE

We have plenty of puzzles to choose from each month, please limit 3 puzzles back to us, but you are welcome to take as many as you'd like. Just stop on in and browse the selection on the

Last Tuesday of the month from 11am -12 (noon).

MAHJONGG

"Mahjongg" is an Ancient Chinese Tile Game. This group meets every **Thursday** at 12 noon (except on Super Thursday) and always welcomes new members. If you can play, come by **Thursday** at noon. If you have never played, we offer instruction as to how to play the game. A player's card is required for a small fee.



BITS & PIECES



Our MidWeek Social is a lot of fun with lunch, cards and/or bingo!

On **Wednesdays**, come play cards starting at 9 a.m., if you like.

Or come at noon for a delicious hot lunch served from 12:00 –12:15pm.

The Wednesday lunch menu for May & June is listed in the calendar at the end of the newsletter.

\$4.00 includes a hot entrée, dessert and beverage.

Reservations are required for lunch by calling 440-353-0828 by 12 noon on Tuesday.

If you're interested in volunteering to call BINGO on Wednesday afternoons, please call 440-353-0828.



***June 24th, September 23rd
and December 16th***

Looking for a fun afternoon? Come and play Music Bingo with Ken or Jack of Music Bingo Ohio. This is a fun way to play bingo! They give bingo sheets with song titles and you have to match the song when it is played to form a bingo for prizes! Very similar to “Name That Tune”, but you already have the title on the bingo sheet. Plan on coming before for a delicious lunch served at noon for \$4.00, reservations required for lunch by calling 353-0828.

MIND CHALLENGE FOR THE NEW MAJORITY PARTICIPANTS!

At this time, all events have been postponed. Once we receive information on a revised schedule, we will contact all participants! Keep those minds sharp! Do some puzzles, read some interesting trivia or look up and cook some new recipes! See you soon!

DONATIONS /MEMORIALS /WILLS

Please continue to remember the Senior Center for donations, memorials and bequests of your loved ones. Checks made out to our 501(c)(3), the non-profit arm of the Senior Center, North Ridgeville Seniors, Inc. are tax-deductible.

**We also accept and we appreciate donations made through your Will or Trust.
*Thank You for remembering us!***

PUZZLE

60's Songs

Find and circle all of the 1960's song titles that are hidden in the grid.
The remaining letters spell the title of an additional 1960's song.

M S E D U J Y E H R R E X O B E H T Y
 S S W I L D T H I N G W I P E O U T K
 T I M Z B C E C Y L E G N A N E E T O
 H K Y Z R C R N E E Y A W A N U R O O
 E T G Y D V A Y O P S B U S S T O P P
 S S I W O A L R I T S T E L P A S O S
 E A R N W L O Y A N S E E O M Y G U Y
 E L L S N L V U V M G E R R K E R G H
 Y W H I T E R A B B I T V R D F O P S
 E B B H O R T F P N A A A L C A U N I
 S L A P W I E E I T G P Y I A P Y I R
 L U B M N O O V S N O Y T A P G S V E
 E E Y E V P O I A O G Y R Y D O E O H
 L V L M L O W G C W Z E L R U I S L C
 E E O E R T N Y E A T O R L E D L D L
 N L V G E I H Y R R V A M T R H D O A
 O V E H A C U C G E I A E O I I S O H
 R E T H T W I N D Y N F W H H P A G T
 E T C I E B L U E M O O N Y A T S H R

| | | | |
|-------------|---------------|------------|--------------|
| BABY LOVE | ELENORE | MEMPHIS | TEEN ANGEL |
| BLUE MOON | FINGERTIPS | MY GIRL | THE BOXER |
| BLUE VELVET | FIRE | MY GUY | THE TWIST |
| BUS STOP | GALVESTON | PEOPLE | THESE EYES |
| CARA MIA | GOOD LOVIN' | PUPPY LOVE | VALLERI |
| CHAIN GANG | GROOVIN' | RESPECT | VOLARE |
| CHERISH | HAIR | RUNAWAY | WHITE RABBIT |
| CRAZY | HEATWAVE | SHERRY | WILD THING |
| CRYING | HEY JUDE | SOUL MAN | WINDY |
| DIZZY | HOLIDAY | SPOOKY | WIPEOUT |
| DOWNTOWN | ITCHYCOO PARK | STAY | WORDS |
| EL PASO | LAST KISS | SURF CITY | YESTERDAY |

GETTING FIT!

PLEASE NOTE!! ALL FITNESS CLASSES AT THE SENIOR CENTER NOW REQUIRE PRE-REGISTRATION. PLEASE CHECK FOR REGISTRATION DEADLINES.

GET FIT! EXERCISE CLASS

Enjoy a morning class of fun exercises to loosen, tone and strengthen those muscles. Join our Fitness Instructor, Diane Mehlman, for class **Mondays** from 9-9:50 a.m. All exercises can be done to meet your ability and strengths. All exercisers will need a set of 2 or 3 pound weights, stretch bands and a bottle of water. Cost is \$32.00per 6 week session. First class is free - stop in and try it!

Session 3: May 11 through June 22. No class 5/25
(Registration Deadline 5/8)

Session 4: June 29, July 6,13,20,27 & Aug 3
(Registration deadline June 26)

Please do not send payment to the center. We will collect class fees when we meet face to face again.



Weekly Line Dancing!

On **Tuesday's** come and learn some fancy footwork while having tons of fun with your fellow classmates. Beginner and Intermediate sessions available.

Sessions are 6 weeks long.

Cost is \$25 per 6 week session.

Instructor: Ronna Murray

Beginner 11:50 am—12:50 pm

Intermediate 1:00-2:00 pm

Spring Session

Session 1: May 5,19, 26 June 2, 9, 16 no class 5/12

Please do not send payments for classes to the Senior Center at this time. We will collect class fees when we are able to meet face to face again.

Current plans are to break for Summer but keep your eyes open for updates as we may book a Summer Session.

Mental Health Reminder

Get Dressed

Even if it's just into comfort clothes, this will help you feel more productive and less in a rut.

Do Your Hair/Makeup

Even if you're not going anywhere this can help make you feel "normal" in a very chaotic time. People also often feel relaxed when doing hair or makeup and you deserve that.

Eat New Healthy Recipes

If you can, eat a variety of food and try different recipes. This will give your day variety and keep your body feeling healthy

Get Some Fresh Air

Fresh air will help you not feel so cooped up or "stuck" in your home. Getting outside would be best but even standing at a window will be beneficial.

Be Creative

Try doing new activities or bring back old ones. Getting creative is a great way to keep your spirits up and your mind relaxed.

Unplug

Everyone everywhere is talking about the virus. Turn off your devices and get some well deserved time away.

Stay Connected

Even though we can't go visiting, make sure you stay connected. A good way is Video chatting or even just a phone call. This will help you and the people you are talking to feel less isolated.

Reach Out

Mental health is always important but it is especially important during times like this. Reach out if you need to and remember to check in with your friends and family. We are all in this together!

Mayor Kevin Corcoran

P & R Director: Kevin Fougrousse

NORTH RIDGEVILLE PARKS & REC

ADULT EDUCATION SEMINARS

With Dr. Carolyn Smilor, ND
\$35 Resident / Non-Resident (Per Class)

Medicinal Herbs For Your Garden

Thursday, May 14th - 6:30-8:30 PM
Community Cabin



The Healing Power of Essential Oils

Tuesday, May 26th - 6:30-8:30 PM
Community Cabin



Herbal First Aid Kit

Monday, June 8th - 6:30-8:30 PM
Community Cabin



Understanding Food Labels

Monday, July 13th - 6:30-8:30 PM
Community Cabin



Register online @ nridgeville.org/parksandrec
Contact Brandon Sweet @ (440) 353-0880 for more info!



The services provided are funded entirely by the City of North Ridgeville, donations and North Ridgeville Seniors, Inc. Transportation receives a small grant from Title III-B of the Older Americans Act through the Ohio Department on Aging administered by the Western Reserve Area Agency on Aging.

Please call us at 440-353-0828 for any questions you might have regarding the services we provide.

TRANSPORTATION NEED A RIDE? CALL US!

Do you need a ride to the doctor, dentist, grocery shopping, the bank, etc.? If you are 60 or over and unable to drive, we can help! Our vans operate during the week and our drivers would be glad to take you to your appointment or to run an errand. An assessment by our case manager is required prior. Trips are provided for banking, to medical appointments, shopping, and activities held at our Center. To avoid scheduling conflicts, we ask that arrangements be made in advance by calling 440-353-0857.

We transport Monday through Friday between the hours of 8 a.m. and 4 p.m. A donation of \$1.00 each way for local transports and \$2.00 each way for longer distances is requested. Additional monetary donations are always welcome.

SENIOR SERVICES

LOCK BOXES

The Lock Box saves damage to your property and saves time for our paramedics when trying to gain access into your home. North Ridgeville Seniors, Inc., and the North Ridgeville Fire Department are proud to provide Lock Boxes to our North Ridgeville seniors. **A donation of \$30 is required for a Lock Box for seniors 60+. Lock Boxes are available to anyone else for \$40.** Applications can be found at the Senior Center or at www.nridgeville.org. *The cost of the Lock Boxes are supplemented by North Ridgeville Seniors, Inc. Thank You!*

SENIOR SUPPER CLUB

Seniors can eat at St. John Medical Center's Terrace View Café (cafeteria) for a discount. Anyone over the age of 60 can simply pick up a card from our receptionist for a 40% discount on all food (except bottled beverages and "Simply to Go" items). There is a \$10 limit per customer for discount, after that the items are full price.

MEALS-ON-WHEELS

CAN WE HELP?

We can provide a nutritious, home cooked meal delivered to your home at a low cost of \$3.25 per meal. It is our goal to provide a hot and nutritious noon meal to all of our clients; however, we cannot do special diets. Our meal includes a hot entrée, bread and dessert. Call 440-353-0857 for more information.

WHO IS ELIGIBLE FOR MEALS-ON-WHEELS?

Anyone 60 or older who lives in North Ridgeville. We do not adhere to any special diets so we do require a doctor's authorization prior to anyone coming on the program. Our case manager will do a home visit before signing anyone up for Meals-On-Wheels.

NEED A BIRTHDAY GIFT IDEA!

Gift certificates for our Meals-On-Wheels Program and Transportation are always available by calling 440-353-0857. These are always wonderful Birthday or anytime gifts!

They are always available and help your older family member by purchasing something they need. This is a perfect gift for family members, friends or neighbors on either of your programs and can be purchased in a variety of denominations.

SENIOR SERVICES CONTINUED...



GOLDEN BUCKEYE CARD INFORMATION:

Participation in the Golden Buckeye program is free to all Ohio residents who are:

- **Age 60 or over (proof of age required).**
- **Age 18-59 with a Social Security Administration defined disability.**

If you are just turning 60 and have an Ohio driver's license, you will automatically be mailed your card just before your birthday. If you have not received the card four weeks after your birthday, call toll-free 1-866-301-6446 or if your card was lost or stolen, call 1-866-301-6446 to get a new card.

Stop by the Senior Center to fill out an application or for more information visit the website at www.goldenbuckeye.com.

HEALTH INSURANCE COUNSELING

Health insurance counseling is available by appointment only at the Senior Center. To arrange for a counseling appointment, call 440-353-0856 or 440-353-0857 for information.

FOOT CLINIC

Dr. Thomas Emmert, Podiatrist of Total Foot Care, offers a Foot Clinic at the Senior Center. **Dr. Emmert will be here May 13th and June 3rd. IF WE ARE OPEN.** Patients are seen on a first come, first served basis. The sign-in sheet is at the receptionist window.

If it is your first visit, it is recommended that you contact Dr. Emmert's office before coming to the Center to insure they have the necessary information. They can be reached at (216) 529-1800. The cost of the clinic is usually covered by Medicare and supplemental insurance.

OUTREACH PROGRAM

A very special thank you to the Grafton V.F.W. Post 3341 for staffing/organizing our Outreach Program in Grafton. Located at 783 Huron St., they always have something special happening. The Grafton VFW and the North Ridgeville Senior Center team up to provide Outreach Programs for Seniors at the VFW hall at **NO COST** to the senior. A calendar of events can be found in the **Rural Urban Newspaper**. For information on the programs, please contact the VFW at 440-926-3341 for an updated schedule.

HEARING TESTING

Mobile Hearing Services will be here on May 7th from 1-3 pm **IF WE ARE OPEN** to provide *free* hearing testing. Other services can be performed but there will be a charge. Please call (440) 353-0828 to schedule an appointment, if you would like your hearing checked that afternoon.

BLOOD PRESSURE CHECKS

Walk in and have your blood pressure checked from one of our friendly volunteer nurses on the 3rd Wednesday of every month. The our friendly nurses are here at the Senior Center from 10:00 until 12 noon. It is on a first come, first serve basis. There is no charge for this service. Come later and stay for Wednesday's delicious lunch!

SUPPORTIVE SERVICES

Supportive Services are provided for persons 60 and older. These services provide linkage to social service agencies, home health care services, support groups, telephone reassurances, and much more. The purpose of Supportive Services is to try to help seniors maintain independence, and to be a source of information for and about seniors. If you need assistance, or if you have any questions, call 440-353-0857 Monday thru Friday, 10 a.m. - 4 p.m.

MAY 2020

| Monday | Tuesday | Wednesday | Thursday | Friday |
|---|--|--|--|--|
| | | | | 1 No Activities Center Closed |
| 4 No Exercise Crafts 10 am Wii Games 12:30 pm | 5 Line Dancing 11:50/1:00 | 6 Social 9 am Watercolor 9:30 am Lunch 12-12:15 (Breaded Pork Chop) Bingo 12:30- 2 pm Canasta /Euchre 12:30 pm | 7 Men's Breakfast 9am Hearing Testing 1-3pm Cards 12:00pm Mahjongg 12:00 pm | 8 Rotary Luncheon 12 noon |
| 11 Exercise 9 am Crafts 10 am Wii Games 12:30 pm | 12 No Line Dancing | 13 Foot Clinic Social 9 am Watercolor 9:30 am Lunch 12-12:15 (Brats & Wild Rice) Bingo 12:30- 2 pm Canasta/Euchre 12:30 pm | 14 Super Thursday Luncheon 12:00 noon Advisory Board Mtg. 10:30 am Cards 1:30 pm Mahjongg 1:30 pm | 15 Rotary Luncheon 12 noon |
| 18 Exercise 9 am Crafts 10 am Wii Games Traveling 12:30 pm | 19 Line Dancing 11:50/1:00 | 20 Social 9 am Watercolor 9:30 am Blood Pressure 10-12 Lunch 12-12:15pm (Salisbury Steak) Bingo 12:30 - 2 pm Canasta /Euchre 12:30 pm | 21 Men's Breakfast 9 am Cards 12:00 pm Mahjongg 12:00pm | 22 Rotary Luncheon 12 noon |
| 25 Memorial Day Center Closed | 26 Puzzle Exchange 11am-12pm Line Dancing 11:50/1:00 | 27 Social 9 am Watercolor 9:30 am Lunch 12-12:15 (Turkey & Gravy) Bingo 12:30- 2 pm Canasta/Euchre 12:30 pm | 28 Ladies Brunch 10:30am Cards 12:00 pm Mahjongg 12:00pm | 29 |

JUNE 2020

| Monday | Tuesday | Wednesday | Thursday | Friday |
|--|---|--|---|-------------------------------------|
| 1 Exercise 9 am Crafts 10 am Wii Games 12:30 pm | 2 Line Dancing 11:50/1:00 | 3 Foot Clinic Social 9 am Watercolor 9:30 am Lunch 12-12:15pm (Grilled Chicken) Bingo 12:30- 2 pm Canasta/Euchre 12:30 pm | 4 Men's Breakfast 9am Mahjongg 12 pm Cards 12:00 pm | 5 Rotary Luncheon 12pm |
| 8 Exercise 9 am Crafts 10 am Wii Games 12:30 pm | 9 Line Dancing 11:50/1:00 | 10 Social 9 am Watercolor 9:30 am Lunch 12-12:15pm (Country Fried Steak) Bingo 12:30- 2 pm Canasta/Euchre 12:30 pm | 11 Super Thursday Luncheon 12:00 pm Cards 1:30 pm Mahjongg 1:30 pm | 12 |
| 15 Exercise 9 am Crafts 10 am Wii Games 12:30 pm | 16 Line Dancing 11:50/1:00 | 17 Social 9 am Watercolor 9:30 am Blood Pressure 10-12 Lunch 12- 12:15 pm (Roast Beef) Bingo 12:30-2 Canasta /Euchre 12:30 pm | 18 Men's Breakfast 9:00 am Mahjongg 12 pm Cards 12:00 pm | 19 Rotary Luncheon |
| 22 Exercise 9 am Crafts 10 am Wii Games 12:30 pm | 23 | 24 Social 9 am Watercolor 9:30 am Lunch 12-12:15pm (Salisbury Steak) Music Bingo 12:30- 2 pm Canasta/Euchre 12:30 pm | 25 Ladies Brunch 10:30 am Mahjongg 12 pm Cards 12 pm | 26 Rotary Luncheon |
| 29 Exercise 9 am Crafts 10 am Wii Games 12:30 pm | 30 Puzzle Exchange 11 am Memory Lane Trivia 1:30 pm | | | |

Office for Older Adults
North Ridgeville Seniors, Inc.
7327 Avon Belden Road
North Ridgeville, OH 44039

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North Ridgeville Senior Center Newsletter

May—June 2020

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7327 Avon Belden Road

IMPORTANT INFORMATION!



Please note that this edition of the Senior Center Newsletter for May and June will have all regularly scheduled activities listed. These activities will only be held if our stay-at-home order is lifted and it is safe for all of us to meet face to face again. As of this printing, we are closed until at least May 1, 2020. Please call the front desk at 440-353-0828 and leave us a message. We will get back to you as soon as we can. Thank you and be safe!

