

Senior Center

NORTH RIDGEVILLE OFFICE FOR OLDER ADULTS
7327 Avon Belden Road
North Ridgeville, Ohio 44039
Phone: 440-353-0828



JULY-AUGUST 2020

OFFICE HOURS:

Monday–Friday: 8 AM - 4:30 PM

**Closed: Friday July 3rd
Independence Day**

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Important Information!

Please note that this edition of the Senior Center Newsletter for July and August will have all regularly scheduled activities and programs listed . **These activities will only be held if our facility is reopened and it is safe for all of us to meet face to face again.** When in doubt, call and ask. As of this printing, we are closed until further notice. Please call the front desk at 440-353-0828 and leave us a message. We will get back to you as soon as we can. Thank you and be safe!



Come walk with North Ridgeville Heart and Sole and NR Parks and Rec Department. There are no speakers this season. All members of the community are welcome. It is FREE! Meet at South Central Park. 7565 Avon Belden Road in North Ridgeville. In case of inclement weather please check the Parks and Rec Website or call the Rainout Line at 440-210-6226

A MESSAGE FROM MEREDITH



Golden-Oldie Trivia SONGS FROM THE 60'S JUST MATCH THE SONG WITH THE ARTIST

- | | |
|--------------------------------------|------------------------------|
| 1. California Sun _____ | A. Mary Hopkins |
| 2. 96 Tears _____ | B. Beau Brummels |
| 3. Laugh, Laugh _____ | C. Sly and the Family Stone |
| 4. A Beautiful Morning _____ | D. Spencer Davis Group |
| 5. Gimme Some Lovin' _____ | E. Steppenwolf |
| 6. So Much in Love _____ | F. Shirelles |
| 7. Surfin' Bird _____ | G. Rascais |
| 8. Tell Her No _____ | H. Los Bravos |
| 9. Hot Fun in the Summertime _____ | I. Jimi Hendrix |
| 10. Black is Black _____ | J. Hollies |
| 11. Good Thing _____ | K. Freddie Scott |
| 12. Those Were the Days _____ | L. Rivieras |
| 13. Tired of Waiting for You _____ | M. Tynes |
| 14. Hey Girl _____ | N. Sam Cooke |
| 15. Another Saturday Night _____ | O. ? And the Mysterians |
| 16. Wild Thing _____ | P. Johnny Rivers |
| 17. Magic Carpet Ride _____ | Q. Wilson Pickett |
| 18. Bus Stop _____ | R. Troggs |
| 19. Mustang Sally _____ | S. Toolmen |
| 20. All Along the Watchtower _____ | T. Paul Revere & the Raiders |
| 21. Take Good Care of My Baby _____ | U. Kinks |
| 22. Secret Agent Man _____ | V. Zombies |
| 23. Will You Love me Tomorrow? _____ | W. Bobby Vee |



© 2012, FunFamilyGames.com

Hello Friends!

We miss seeing everyone and look forward to when we can all get together again, safely.

Keep in touch with each other via phone and email and keep heading out for a walk every day! Here is some Golden Oldie Trivia to keep your minds working.

Our staff is here if you need us. Call the front desk and leave a message. We will get back to you as soon as possible.

Hope to see you all soon!
The Senior Center Staff

SUMMERTIME

Congratulations to our 2020 Graduates!



We are so proud of our North Ridgeville High School Senior Volunteers, Dominique and Alexis!

Dominique will be attending Ohio Dominican University in Columbus, Ohio to study Pre-Physicians Assisting

Alexis will be attending the University of Mount Union in Alliance, Ohio to study Nursing.



A MESSAGE FROM MAYOR CORCORAN



City Hall Hours:

Mon. - Fri.

8:00 a.m.
until
4:30 p.m.

City offices will
be closed on:
**Friday July
3rd for
Independence
Day**



As of the writing of this article, City Hall offices are open however the Senior Center remains closed to events and activities. I'm continuing to monitor the COVID-19 pandemic on a daily basis and per the order of Governor DeWine and Lorain County Public Health the center will remain closed for the safety of all concerned. At this time, I don't have an estimated date as to when we will be able to reopen and resume activities. Please know that our Office for Older Adults staff is continuing to assist you by way of phone or email during this time of uncertainty. I'm sure they are missing you as much as you are missing socializing with your friends over a meal or a game of cards or another activity of your choosing.

As you are traveling around the city, I am sure you've witnessed first-hand the many infrastructure projects that are underway. I know it is frustrating getting through the city but there is light at the end of the tunnel. All of these projects are for the betterment of our city and will greatly benefit our residents and those visiting our city.

The Center Ridge Road reconstruction project is on schedule for completion of the roadway portion by Thanksgiving. Several other projects that are underway include the expansion of Ranger Way to Bainbridge Road to be completed before school resumes in August; the Ohio Department of Transportation will be paving SR 83 from the southern city limits to the northern city limits; sanitary sewer rehabilitation on Broad, Main and Pleasant; and our Service Department is paving 12 residential streets – the complete list can be found on the city's website. Additional projects including timelines can also be found on our website at www.nridgeville.org.

I would like to invite you to my monthly Coffee & Conversation – July 22 and August 18 from 8-9 AM in Council Chambers at City Hall. You can enjoy a cup of coffee while learning about current and upcoming projects and ask any questions that you may have. I hope to see you soon.

If you have any questions, please feel free to call my office at (440) 353-0811. Enjoy the rest of your summer!

Sincerely,
Mayor Kevin Corcoran



**Please join us on September 25th for
our next Spaghetti Dinner!**

**Our Sponsor is The North Ridgeville
Lions Club**

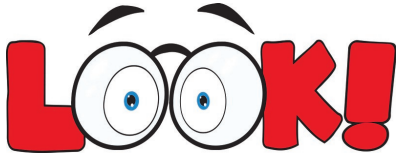
We welcome you all back for Spaghetti Dinner on September 25th to enjoy our famous meal of spaghetti, sauce and meatballs, garlic bread and salad. Adults \$7.00, Seniors \$6.00 and Children 10 and under \$4.00: dessert \$1.00, pop \$.50 extra and carry out is available.

Mark your calendar for October 30th! Last Spaghetti Dinner of the year!



WELCOME TO NORTH RIDGEVILLE SENIOR CENTER

If you haven't already, it's time to renew your newsletter subscription for 2020. The \$8.00 fee per household helps defray our costs to mail this newsletter every other month so we can keep you updated on activities here at the Senior Center.



If your mailing label reads "2020" or "0" for Lifetime Subscription Members, you are current on your subscription for this year.

We will be going through our list regularly and removing for anyone who does not keep their subscription current so we can keep our costs down. If you move, please update us on your new address.

SUBSCRIPTION FORM - OFFICE FOR OLDER ADULTS

7327 AVON BELDEN ROAD
NORTH RIDGEVILLE, OHIO 44039
PHONE: (440) 353-0828

YEAR _____ LIFETIME* _____ RENEWAL: YES / NO

DATE _____

*Please make checks payable to
The N. R Office for Older Adults*

NAME _____

ADDRESS _____

CITY/STATE/ZIP CODE _____

PHONE: _____

EMAIL: _____

Please list below any areas of interest regarding classes, speakers, trips, activities at the Center, or any other interests you may have.

*Lifetime Subscription eliminates having to pay your annual subscription fees each year.
Annual Cost (per household): \$8.00 Lifetime Subscription: \$ 75.00

NORTH RIDGEVILLE BRANCH LIBRARY NEWS

JENNIFER WINKLER, BRANCH LIBRARIAN SUPERVISOR



Lorain Public Library System will reopen our six branches to the public on Monday, June 22.

New Hours:

The new, temporary hours will be 1 to 6 p.m. Monday through Saturday with an additional timeslot of **noon to 1 p.m. Monday through Saturday specifically for seniors and immune compromised.**

Any patron age 60 or older living in Avon, Camden Township, Columbia Township Eaton Township (the area in the Columbia Local School District), Henrietta Township, Kipton Village, Lorain, North Ridgeville, Sheffield Lake, Sheffield Township or Sheffield Village also qualifies for our free Books by Mail program. If you would like more information about Books by Mail please contact the library

Inside the Library:

- Everyone will be required to wear a mask/face covering over both their mouth & nose for the duration of their time inside the library. This requirement does not apply to children under the age of 2 or to those unable to do so due to a medical condition.
- If you do not wish to wear a mask, you are able to receive library materials via curbside pickup* or at the recently installed hold lockers outside our Main, South Lorain and North Ridgeville branches.
- The library has a limited number of masks to supply to those that do not have one.
- Please utilize the hand sanitizer station upon entry.
- Maintain six feet of distance between yourself and others.
- Occupancy will be limited. For this reason, **we ask that you not utilize the seating for reading.** For now, please plan to exit the library once you have found the materials you desire.
- Food and drink are prohibited inside the library.
- Public computers are available and have been rearranged to allow for social distancing.
- Patrons are asked to insert a provided sanitation sleeve over the keyboard and mouse prior to beginning use and to remove and throw away the sleeves upon completion.
- Computer use is limited to one session – up to 60 minutes – per patron per day.
- Staff assistance will be limited in order to maintain social distance.
- Computer reservations can be made in advance by calling ahead.
- Please do not re-shelve items. If you change your mind about an item simply place it on the provided cart at the end of the aisle.
- **Meeting rooms are temporarily not available for reservation.**
- **The children's play areas are temporarily closed, and the toys have been removed for safety.**
- **In-person programs, passport services and book sales have been postponed.**

Picking up Holds:

Once you receive notice that your holds are available, bring your library card and pick them up via:

- Curbside or walkup service*
- Exterior holds lockers at Main, South Lorain and North Ridgeville branches
- Contactless pickup inside the library via self holds pickup and self-checkout
- Assistance from a staff member at the circulation desk – please hold your library card up so that the barcode can be scanned.

Returning Items:

Please return materials into the book drops. Staff cannot take materials from you. This includes curbside and walkup patrons – please utilize the book drops for returned materials.

Items that you return will still appear on your card for a few days after it they are returned as we are quarantining materials for 72 hours prior to re-shelving.

For specific questions, please email AskALibrarian@lpls.info or call your local branch between Noon and 6 p.m. Monday to Saturday.

FUN AT THE CENTER WE HOPE YOU'LL JOIN US!



It's a wonderful morning of friendship at our Men's Breakfast. If you are 55 or older, join us at 9:00 am for a hot entrée, coffee, fruit cup, and juice are all included for the \$3.00 price. It's a fun filled morning of good food, fellowship and a wonderful speaker or entertainment. Reservations please by calling 440-353-0828, by 10am Wednesday morning.

July 2nd
July 16th
August 6th
August 20th

The ladies will inform you of the speaker and menu when they make reminder calls. You can also stop by the center or check out our Facebook page for more info!

Ladies meet at 10:30am for friendly conversation and program on the fourth Thursday of every month. The Brunch is a hot entrée, fruit, juice and coffee for only \$3.00. Reservations please by 10am Wednesday morning by calling (440) 353-0828.

July 23rd
August 27th

The front desk ladies will let you know of the entertainment and menu when they make reminder calls.

You can also stop by the center or check out our Facebook page for more info!



Reservations Please

Our breakfasts, lunches and brunches fill up quickly so please call in your reservation early. If you can not make it once you have called in your R.S.V.P., please let us know so we can add someone from our wait list.

Thank You!
440-353-0828



Celebrate Christmas in July with us at our Super Thursday celebration on July 9th. We will be serving breaded pork chops, stuffing, peas and applesauce. The Tower City Chorus will perform some of your favorite Christmas music!

August 13th we will celebrate the end of Summer with some Curbside Karaoke. Our menu will be BBQ chicken, pierogis, corn and ice cream.

The cost is \$5 per person and lunch is served at 12 noon—Entertainment follows. These lunches fill up quickly, so call in your reservations early to 440-353-0828.

FUN AT THE CENTER CONTINUED...

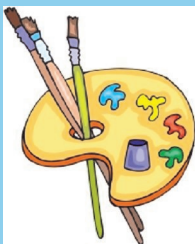


****Memory Lane Trivia****

We are still looking for teams or individuals to play along with the area Senior Centers in "Memory Lane Trivia". The other Senior Centers are Westlake, North Olmsted, Bay Village, Rocky River and Fairview Park; each facility hosts a day of trivia and is played 1:30 -3:30 pm (2 hours). Teams consist of a maximum of 6 players, but not necessary; if you don't have 5 other people to form a team you will be matched with others in the same situation. All interested seniors are to please call the Senior Center at 353-0828 for further information or to register.

Dates/times/locations:

Wed, August 19 @Fairview Pk 1:30PM
Fri, October 23 @Rocky River 1:30PM
Wed, December 2 @N Olmsted 1:30PM



Freestyle (Watercolor) Art Group

Our art enthusiasts gather for morning of painting and conversation on

Wednesdays 9:30 am- 12 (noon). There is no formal instruction, but all that attend assist each other with projects when needed. If interested, bring your paints and stop in on **Wednesdays 9:30 am – 12:00 (noon)** at the Senior Center.

EUCHRE & CANASTA

Group meets on **Wednesdays** from 12:30 p.m. until 4:00 p.m.

EUCHRE & PINOCHLE

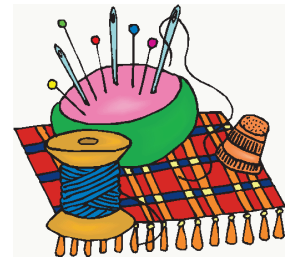
Our card players meet on **Thursdays** from 12 noon until

4pm to play Euchre or Pinochle (except on Super Thursdays when all card playing begins at 1:30 pm).



Monday Crafts, 10 am – 2 pm

Our craft group continues to welcome new people and keep busy making new, different and exciting craft projects. They welcome ideas, but will share ours to make for the Craft Store here at the Senior Center. A soup lunch including beverage is \$.35 for our crafters at noon.



PUZZLE EXCHANGE

We have plenty of puzzles to choose from each month, please limit 3 puzzles back to us, but you are welcome to take as many as you'd like. Just stop on in and browse the selection on the

Last Tuesday of the month from 11am -12 (noon).

MAHJONGG

"Mahjongg" is an Ancient Chinese Tile Game. This group meets every **Thursday** at 12 noon (except on Super Thursday) and always welcomes new members. If you can play, come by **Thursday** at noon. If you have never played, we offer instruction as to how to play the game. A player's card is required for a small fee.



BITS & PIECES



Our MidWeek Social is a lot of fun with lunch, cards and/or bingo!

On **Wednesdays**, come play cards starting at 9 a.m., if you like.

Or come at noon for a delicious hot lunch served from 12:00 –12:15pm.

The Wednesday lunch menu for July & August is listed in the calendar at the end of the newsletter.

\$4.00 includes a hot entrée, dessert and beverage.

Reservations are required for lunch by calling 440-353-0828 by 12 noon on Tuesday.

If you're interested in volunteering to call BINGO on Wednesday afternoons, please call 440-353-0828.



Are you ready for some fun? July 30th at 10:30am our “Surf’s Up” Young at Heart brunch will be a EPIC with entertainment by Linda Kirk and Heart 2 Heart. Brunch will be bacon, potato and egg casserole and pears. Get your Hawaiian gear out and dress to impress!



MIND CHALLENGE FOR THE NEW MAJORITY PARTICIPANTS!

At this time, all events have been postponed. Once we receive information on a revised schedule, we will contact all participants! Keep those minds sharp! Do some puzzles, read some interesting trivia or look up and cook some new recipes! See you soon!

DONATIONS /MEMORIALS /WILLS

Please continue to remember the Senior Center for donations, memorials and bequests of your loved ones. Checks made out to our 501(c)(3), the non-profit arm of the Senior Center, North Ridgeville Seniors, Inc. are tax-deductible.

**We also accept and we appreciate donations made through your Will or Trust.
*Thank You for remembering us!***

GETTING FIT BODY & MIND!

PLEASE NOTE!! ALL FITNESS CLASSES AT THE SENIOR CENTER NOW REQUIRE PRE-REGISTRATION. PLEASE CHECK FOR REGISTRATION DEADLINES.

GET FIT! EXERCISE CLASS

Enjoy a morning class of fun exercises to loosen, tone and strengthen those muscles. Join our Fitness Instructor, Diane Mehlman, for class **Mondays** from 9-9:50 a.m. All exercises can be done to meet your ability and strengths. All exercisers will need a set of 2 or 3 pound weights, stretch bands and a bottle of water. Cost is \$32.00 per 6 week session. First class is free - stop in and try it!

Session 4: July 6,13,20,27 & Aug 3 & 10

Session 5: August 17, 24,31, Sept 14, 21, (no class on Sept 7)

Please do not send payment to the center. We will collect class fees when we meet face to face again.



Line Dancing

Weekly Line Dancing!

On **Tuesday's** come and learn some fancy footwork while having tons of fun with your fellow classmates. Beginner and Intermediate sessions available.

Sessions are 6 weeks long.

Cost is \$25 per

6 week session.

Instructor: Ronna Murray

Beginner 11:50 am—12:50 pm

Intermediate 1:00-2:00 pm

Line Dancing is on Summer Break

Keep your eyes open for Fall Session registration starting in September.

Please do not send payments for classes to the Senior Center at this time. We will collect class fees when we are able to meet face to face again.

Mayor Kevin Corcoran

P & R Director: Kevin Fougerousse

NORTH RIDGEVILLE PARKS & REC

ADULT EDUCATION SEMINARS

With Dr. Carolyn Smilor, ND
\$35 Resident / Non-Resident (Per Class)

Understanding Food Labels

Monday, July 13th - 6:30-8:30 PM
Community Cabin



Supporting Multiple Sclerosis Naturally

Thursday, July 30th - 6:30-8:30 PM
Community Cabin



Vitamins 101

Monday, August 10th - 6:30-8:30 PM
Community Cabin

Register online @ nridgeville.org/parksandrec
Contact Brandon Sweet @ (440) 353-0880 for more info!



The services provided are funded entirely by the City of North Ridgeville, donations and North Ridgeville Seniors, Inc. Transportation receives a small grant from Title III-B of the Older Americans Act through the Ohio Department on Aging administered by the Western Reserve Area Agency on Aging.

Please call us at 440-353-0828 for any questions you might have regarding the services we provide.

TRANSPORTATION NEED A RIDE? CALL US!

Do you need a ride to the doctor, dentist, grocery shopping, the bank, etc.? If you are 60 or over and unable to drive, we can help! Our vans operate during the week and our drivers would be glad to take you to your appointment or to run an errand. An assessment by our case manager is required prior. Trips are provided for banking, to medical appointments, shopping, and activities held at our Center. To avoid scheduling conflicts, we ask that arrangements be made in advance by calling 440-353-0857.

We transport Monday through Friday between the hours of 8 a.m. and 4 p.m. A donation of \$1.00 each way for local transports and \$2.00 each way for longer distances is requested. Additional monetary donations are always welcome.

SENIOR SERVICES

LOCK BOXES

The Lock Box saves damage to your property and saves time for our paramedics when trying to gain access into your home. North Ridgeville Seniors, Inc., and the North Ridgeville Fire Department are proud to provide Lock Boxes to our North Ridgeville seniors. **A donation of \$30 is required for a Lock Box for seniors 60+. Lock Boxes are available to anyone else for \$40.** Applications can be found at the Senior Center or at www.nridgeville.org. ***The cost of the Lock Boxes are supplemented by North Ridgeville Seniors, Inc. Thank You!***

SENIOR SUPPER CLUB

Seniors can eat at St. John Medical Center's Terrace View Café (cafeteria) for a discount. Anyone over the age of 60 can simply pick up a card from our receptionist for a 40% discount on all food (except bottled beverages and "Simply to Go" items). There is a \$10 limit per customer for discount, after that the items are full price.

MEALS-ON-WHEELS

CAN WE HELP?

We can provide a nutritious, home cooked meal delivered to your home at a low cost of \$3.25 per meal. It is our goal to provide a hot and nutritious noon meal to all of our clients; however, we cannot do special diets. Our meal includes a hot entrée, vegetable & dessert. Call 440-353-0857 for more information.

WHO IS ELIGIBLE FOR MEALS-ON-WHEELS?

Anyone 60 or older who lives in North Ridgeville. We do not adhere to any special diets so we do require a doctor's authorization prior to anyone coming on the program. Our case manager will do a home visit before signing anyone up for Meals-On-Wheels.

NEED A BIRTHDAY GIFT IDEA!

Gift certificates for our Meals-On-Wheels Program and Transportation are always available by calling 440-353-0857. These are always wonderful Birthday or anytime gifts!

They are always available and help your older family member by purchasing something they need. This is a perfect gift for family members, friends or neighbors on either of your programs and can be purchased in a variety of denominations.

SENIOR SERVICES CONTINUED...



GOLDEN BUCKEYE CARD INFORMATION:

Participation in the Golden Buckeye program is free to all Ohio residents who are:

- **Age 60 or over (proof of age required).**
- **Age 18-59 with a Social Security Administration defined disability.**

If you are just turning 60 and have an Ohio driver's license, you will automatically be mailed your card just before your birthday. If you have not received the card four weeks after your birthday, call toll-free 1-866-301-6446 or if your card was lost or stolen, call 1-866-301-6446 to get a new card.

Stop by the Senior Center to fill out an application or for more information visit the website at www.goldenbuckeye.com.

HEALTH INSURANCE COUNSELING

Health insurance counseling is available by appointment only at the Senior Center. To arrange for a counseling appointment, call 440-353-0856 or 440-353-0857 for information.

FOOT CLINIC

Dr. Thomas Emmert, Podiatrist of Total Foot Care, offers a Foot Clinic at the Senior Center. **Dr. Emmert will be here July 29th and August 26th. IF WE ARE OPEN.** Patients are seen on a first come, first served basis. The sign-in sheet is at the receptionist window.

If it is your first visit, it is recommended that you contact Dr. Emmert's office before coming to the Center to insure they have the necessary information. They can be reached at (216) 529-1800. The cost of the clinic is usually covered by Medicare and supplemental insurance.

OUTREACH PROGRAM

A very special thank you to the Grafton V.F.W. Post 3341 for staffing/organizing our Outreach Program in Grafton. Located at 783 Huron St., they always have something special happening. The Grafton VFW and the North Ridgeville Senior Center team up to provide Outreach Programs for Seniors at the VFW hall at **NO COST** to the senior. A calendar of events can be found in the **Rural Urban Newspaper**. For information on the programs, please contact the VFW at 440-926-3341 for an updated schedule.

HEARING TESTING

Mobile Hearing Services will be here on July 2nd from 1-3 pm **IF WE ARE OPEN** to provide *free* hearing testing. Other services can be performed but there will be a charge. Please call (440) 353-0828 to schedule an appointment, if you would like your hearing checked that afternoon.

BLOOD PRESSURE CHECKS

Walk in and have your blood pressure checked from one of our friendly volunteer nurses on the 3rd Wednesday of every month. The our friendly nurses are here at the Senior Center from 10:00 until 12 noon. It is on a first come, first serve basis. There is no charge for this service. Come later and stay for Wednesday's delicious lunch!

SUPPORTIVE SERVICES

Supportive Services are provided for persons 60 and older. These services provide linkage to social service agencies, home health care services, support groups, telephone reassurances, and much more. The purpose of Supportive Services is to try to help seniors maintain independence, and to be a source of information for and about seniors. If you need assistance, or if you have any questions, call 440-353-0857 Monday thru Friday, 10 a.m. - 4 p.m.

JULY 2020

Monday	Tuesday	Wednesday	Thursday	Friday
<p>**** REMINDER**** We will only be meeting for these events if the Center is Open. Please call and check if you have questions.</p>		<p>1 Social 9 am Watercolor 9:30 am</p> <p>Lunch 12-12:15 (Brats & Fries) Bingo 12:30- 2 pm</p> <p>Canasta /Euchre 12:30 pm</p>	<p>2 Men's Breakfast 9am</p> <p>Hearing Testing 1-3pm</p> <p>Cards 12:00pm</p> <p>Mahjongg 12:00 pm</p>	<p>3</p> <p>Center Closed Happy 4th of July</p>
<p>6</p> <p>Exercise 9 am</p> <p>Crafts 10 am</p> <p>Wii Games 12:30 pm</p>	<p>7</p>	<p>8</p> <p>Social 9 am Watercolor 9:30 am</p> <p>Lunch 12-12:15 (Salisbury Steak) Bingo 12:30- 2 pm</p> <p>Canasta /Euchre 12:30 pm</p>	<p>9</p> <p>Super Thursday Luncheon 12:00 noon</p> <p>Cards 12:00pm</p> <p>Mahjongg 12:00 pm</p>	<p>10</p>
<p>13</p> <p>Exercise 9 am</p> <p>Crafts 10 am</p> <p>Wii Games 12:30 pm</p>	<p>14</p>	<p>15</p> <p>Social 9 am Watercolor 9:30 am</p> <p>Blood Pressure 10-12 Lunch 12-12:15 (Country Fried Steak) Bingo 12:30- 2 pm</p> <p>Canasta/Euchre 12:30 pm</p>	<p>16</p> <p>Men's Breakfast 9 am</p> <p>Advisory Board Mtg. 10:30 am</p> <p>Cards 1:30 pm Mahjongg 1:30 pm</p>	<p>17</p>
<p>20</p> <p>Exercise 9 am</p> <p>Crafts 10 am</p> <p>Wii Games 12:30 pm</p>	<p>21</p>	<p>22</p> <p>Social 9 am Watercolor 9:30 am Lunch 12-12:15pm (BBQ Pork Chop) Bingo 12:30 - 2 pm</p> <p>Canasta /Euchre 12:30 pm</p>	<p>23</p> <p>Ladies Brunch 10:30am</p> <p>Cards 12:00 pm</p> <p>Mahjongg 12:00pm</p>	<p>24</p>
<p>27</p> <p>Exercise 9 am</p> <p>Crafts 10 am</p> <p>Wii Games 12:30 pm</p>	<p>28</p> <p>Puzzle Exchange 11am-12pm</p>	<p>29</p> <p>Foot Clinic 8:30am Social 9 am Watercolor 9:30 am Lunch 12-12:15 (Glazed Ham) Bingo 12:30- 2 pm</p> <p>Canasta/Euchre 12:30 pm</p>	<p>30</p> <p>Young At Heart Brunch 10:30 am</p> <p>Cards 12:00 pm</p> <p>Mahjongg 12:00pm</p>	<p>31</p>

AUGUST 2020

Monday	Tuesday	Wednesday	Thursday	Friday
3 Exercise 9 am Crafts 10 am Wii Games 12:30 pm	4	5 Foot Clinic Social 9 am Watercolor 9:30 am Lunch 12-12:15pm (Baked Chicken) Bingo 12:30- 2 pm Canasta/Euchre 12:30 pm	6 Men's Breakfast 9am Mahjongg 12 pm Cards 12:00 pm	7
10 Exercise 9 am Crafts 10 am Wii Games 12:30 pm	11	12 Social 9 am Watercolor 9:30 am Lunch 12-12:15pm (Roast Turkey) Bingo 12:30- 2 pm Canasta/Euchre 12:30 pm	13 Super Thursday Luncheon 12:00 pm Cards 1:30 pm Mahjongg 1:30 pm	14
17 Exercise 9 am Crafts 10 am Wii Games 12:30 pm	18	19 Social 9 am Watercolor 9:30 am Blood Pressure 10-12 Lunch 12- 12:15 pm (Stuffed Cabbage) Bingo 12:30-2 Canasta /Euchre 12:30 pm	20 Men's Breakfast 9:00 am Mahjongg 12 pm Cards 12:00 pm	21
24 Exercise 9 am Crafts 10 am Wii Games 12:30 pm	25	26 Foot Clinic 8:30am Social 9 am Watercolor 9:30 am Lunch 12-12:15pm (Brats & Pierogies) Canasta/Euchre 12:30 pm	27 Ladies Brunch 10:30 am Mahjongg 12 pm Cards 12 pm	28
31 Exercise 9 am Crafts 10 am Wii Games 12:30 pm		**** REMINDER**** We will only be meeting for these events if the Center is Open. Please call and check if you have questions.		

Office for Older Adults
North Ridgeville Seniors, Inc.
7327 Avon Belden Road
North Ridgeville, OH 44039

NON-PROFIT ORGANIZATION
U.S. POSTAGE PAID
ELYRIA, OHIO 44035
#135

LOOK AT THE LABEL:
Your membership is paid
through the end of the year
listed in the corner.

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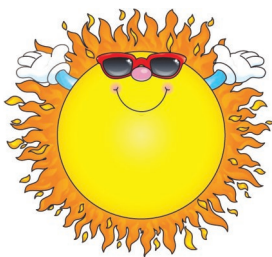
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North Ridgeville Senior Center Newsletter

July & August 2020

*(440) 353-0828
7327 Avon Belden Road*

IMPORTANT INFORMATION!



Please note that this edition of the Senior Center Newsletter for July & August will have all regularly scheduled activities listed. These activities will only be held if our facility is reopened and it is safe for all of us to meet face to face again. As of this printing, we are closed until further notice. Please call the front desk at 440-353-0828 and leave us a message. We will get back to you as soon as we can. Thank you and be safe!

