Senior Center

NORTH RIDGEVILLE OFFICE FOR OLDER ADULTS
7327 Avon Belden Road
North Ridgeville, Ohio 44039
Phone: 440-353-0828

MARCH—APRIL 2020

OFFICE HOURS:

Monday–Friday: 8 AM - 4:30 PM

Closed: Friday April 10th
Good Friday

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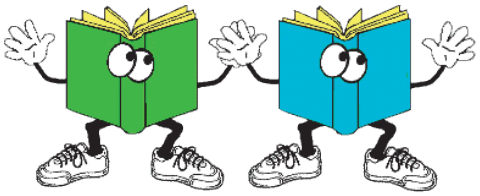
Senior Reading Buddies



April 14 at 10:00AM at the Library

The North Ridgeville Branch Library, in partnership with the North Ridgeville Senior Center and North Ridgeville Early Childhood Learning Community, is looking for senior volunteers—ages 50 and older—to participate in our Senior Reading Buddies program. Senior Reading Buddies is a 60 minute program combining shared reading, a craft, and bingo. Each senior will be paired with one or two kindergartners to assist them in practicing their reading skills. This program will take place at the North Ridgeville Branch Library. To register, please either call the senior center at 440-353-0828 or visit lorainpubliclibrary.org/events. Preregistration required.

Indoor Walking!

Get out and get walking this winter! Don't like walking in the cold? All members of the community are invited to join us for free indoor walking this winter! Program is free to attend with no pre-registration required. There will be informative talks by local health professionals and city officials.

Ages: Open to all ages **Fee:** FREE to the general public
Location: Liberty Elementary 5700 Jaycox Rd
Day Thursdays beginning on January 9th through March 26th
Time 6:00-7:30PM

A MESSAGE FROM MEREDITH

I was reading an interesting article the other day in regards to positive thinking and how it might relate to our overall health or more specifically cardiovascular health. Now, I am not an expert but it caught my attention and really got me thinking about how much truth there might be behind it. I know we all have rough days and things happen that we might not be happy about, but it is truly amazing what the power of positive thinking can do for us. Even if there is no truth in the relationship between positive thinking and our overall health I know, personally, when I think positively I feel happier. It is like that old trick where if you force a smile long enough you can actually start to feel happy! Try it out, I think it works!

We will once again be partnering with the North Ridgeville Branch Library and the North Ridgeville Early Childhood Learning Community to offer Senior Reading Buddies. Please take a look at page 8 for more information. We hope that you find something of interest to enjoy here at the Senior Center.

Hope to see you at the center soon!

Meredith

City Hall Hours:

Mon. - Fri.

8:00 a.m. until 4:30 p.m.

City offices will be closed on:

Friday April 10th , 2020 for Good Friday

Spaghetti Dinner is Back!

April 24th, 2020 Sponsored by the NR Lions Club!

We welcome you all back for Spaghetti Dinner on April 24, 2020 to enjoy our famous meal of spaghetti, sauce and meatballs, garlic bread and salad. Adults $7.00, Seniors $6.00 and Children 10 and under $4.00: dessert $1.00, pop $.50 extra and carry out is available.

Mark your calendar for All upcoming 2020 Spaghetti Dinners!
Sept 25th & October 30th!

A MESSAGE FROM MAYOR CORCORAN

As your new Mayor, I am happy to say that I have enjoyed meeting some of you already at the January Spaghetti Dinner. If I haven't had the opportunity to say hello, please do not hesitate to stop by my office for a visit or attend one of my coffee and conversations at City Hall. These are held monthly in Council Chambers from 8-9 AM with the March/April schedule as follows: Wednesday, March 11 and Wednesday, April 22.

2020 will be a busy year for city projects. The Center Ridge Road reconstruction project is in its final year of roadwork. ODOT has reported the roadway is expected to be completed by fall with some restoration work possibly carrying over into 2021; however, this should not impede traffic flow.

Other significant projects include the extension of Ranger Way from the school property extending the road to Bainbridge Road; ODOT will be milling and resurfacing SR 83 from the southern city limits to the northern city limits with the exception of the Center Ridge Road improvements; design services and construction of a roundabout at Chestnut Ridge Road and Alternate SR 83; and, sanitary sewer rehabilitation on Main, Broad and Pleasant. These, as well as other projects, will be highlighted in the upcoming Spring issue of the *Community Connection* newsletter.

I do want to take this opportunity to share some information with you regarding three issues the City of North Ridgeville will have on the primary election ballot on March 17. These three levies combined generate $4,450,549 in property tax revenues to the city. It is important that the city renew all three levies to continue the services that the residents have come to expect and deserve. **I want to stress that all three of these issues are renewal levies and NOT an additional tax increase.** I've briefly highlighted below each of the issues and the revenue collected annually:

> **Issue #5: Police Levy** – renewal of an existing 1.95-mill tax levy for the purpose of providing and maintaining motor vehicles, communications, and other equipment used directly in the operation of the Police Department, including payment of salaries of permanent police personnel, for a period of five years. This levy generates $1,509,317 in revenue annually.
> **Issue #6: Fire Levy** – renewal of an existing 1.9-mill tax levy for the purpose of providing and maintaining fire apparatus, appliances and buildings and sites and for the payment of salaries for firefighters, for a period of five years. This levy generates $1,470,616 in revenue annually.
> **Issue #7: Roads and Bridges Levy** – renewal of an existing 1.9-mill tax levy for the purpose of general construction, reconstruction, resurfacing and repair of streets, roads and bridges, for a period of five years. This levy generates $1,470,616 in revenue annually.

Thank you for your continuing support of these issues. If you have any questions, please do not hesitate to call my office at (440) 353-0811.

Sincerely,
Mayor Kevin Corcoran

WELCOME TO NORTH RIDGEVILLE SENIOR CENTER

If you haven't already, it's time to renew your newsletter subscription for 2020. The $8.00 fee per household helps defray our costs to mail this newsletter every other month so we can keep you updated on activities here at the Senior Center.

If your mailing label reads "2020" or "0" for Lifetime Subscription Members, you are current on your subscription for this year.

We will be going through our list regularly and removing for anyone who does not keep their subscription current so we can keep our costs down. If you move, please update us on your new address.

SUBSCRIPTION FORM - OFFICE FOR OLDER ADULTS

7327 AVON BELDEN ROAD
NORTH RIDGEVILLE, OHIO 44039
PHONE: (440) 353-0828

YEAR _____ LIFETIME* _____ RENEWAL: YES / NO

DATE_____

Please make checks payable to
The N. R Office for Older Adults

NAME_____

ADDRESS_____

CITY/STATE/ZIP CODE_____

PHONE:_____

EMAIL:_____

Please list below any areas of interest regarding classes, speakers, trips, activities at the Center, or any other interests you may have.

_____

***Lifetime Subscription eliminates having to pay your annual subscription fees each year.**

Annual Cost (per household): $8.00 Lifetime Subscription: $ 75.00

NORTH RIDGEVILLE BRANCH LIBRARY NEWS

JENNIFER WINKLER, BRANCH LIBRARIAN SUPERVISOR

Drop-In Tech Help
Wednesdays, 1:30 to 3:30 p.m.
March 4, April 1; May 6;
Mondays, 6 to 7:30 p.m.
March 16, April 20; May 18;
Come with your basic tech questions and get hands-on help with your phone, tablet etc.. If these times are not convenient, please call the library to schedule a one-on-one appointment.

NEW EXTENDED LIBRARY HOURS!

Monday, Tuesday, Wednesday, Thursday
9 a.m. to 8:30 p.m.

Friday, Saturday
10 a.m. to 6 p.m.

Sunday
1 p.m. to 5 p.m.
(Oct—April)

440-327-8326
For Pre-Registration and Info

Tai-Chi For Arthritis
Thursdays, 1 to 2 p.m.
March 19; April 2, 9, 16, 30; May 7
Are you one of the over 50 million people in the U.S. who has arthritis, including pain, stiffness and fear of falling? If so, you are invited to attend this eight-week series that will teach you valuable techniques to better cope with this potentially disabling condition. Please wear loose clothing and comfortable shoes so you can participate in simple exercises.

Preregistration required.

Open Mic Night
Thursday, April 16;
6 to 8 p.m.
All are welcome to perform their original poetry, favorite poems or excerpts of stories. Whether you would like to perform or listen, come out to meet and support local writers in your community.
Preregistration required.

Monarch Friendly Gardening
Saturday, April 11; 2 to 3 p.m.
Looking to see some butterflies in your yard this spring? Join former Cleveland Metroparks Naturalist Patti Donnellan as she talks about ways to make your garden friendly to monarch butterflies.
Preregistration required.

FUN AT THE CENTER
WE HOPE YOU'LL JOIN US!

It's a wonderful morning of friendship at our Men's Breakfast. If you are 55 or older, join us at 9:00 am for a hot entrée, coffee, fruit cup, and juice are all included for the $3.00 price. It's a fun filled morning of good food, fellowship and a wonderful speaker or entertainment. Reservations please by calling 440-353-0828, by 10am Wednesday morning.

March 5th—Heather Kaesgen, Director of North Ridgeville Community Care will share her vision for the future of the organization and let us know what is offered that may benefit all seniors.

March 19th and April 16th our speaker has yet to be determined. The ladies will inform you of the speaker when they make reminder calls. You can also stop by the center or check out our Facebook page for more info!

Ladies meet at 10:30am for friendly conversation and program on the fourth Thursday of every month. The Brunch is a hot entrée, fruit, juice and coffee for only $3.00. Reservations please by 10am Wednesday morning by calling (440) 353-0828.

March 26 and April 23 entertainment or speakers have yet to be determined.

The front desk ladies will let you know of the entertainment and menu when they make reminder calls.

You can also stop by the center or check out our Facebook page for more info!

Super Thursdays are Back!

March 12—Enjoy our Celebration of St. Patrick's Day with Chris & Karen Ellicott from Sunday in the Park. Lunch will be an open face corn beef sandwich, redskin mashed potatoes, slaw and tri colored jello for dessert. Don't forget to wear your **GREEN**!

April 9—"Join the Band" will be joining US for our April Super Thursday Easter celebration. Lunch will be chicken parm, with spaghetti, green beans and apple pie.

The cost is $5 per person and lunch is served at 12 noon—Entertainment follows. These lunches fill up quickly, so call in your reservations early to 440-353-0828.

Reservations Please

Our breakfasts, lunches and brunches fill up quickly so please call in your reservation early. If you can not make it once you have called in your R.S.V.P., please let us know so we can add someone from our wait list.

Thank You!

FUN AT THE CENTER CONTINUED...

****Memory Lane Trivia****

We are still looking for teams or individuals to play along with the area Senior Centers in "Memory Lane Trivia". The other Senior Centers are Westlake, North Olmsted, Bay Village, Rocky River and Fairview Park; each facility hosts a day of trivia and is played 1:30 -3:30 pm (2 hours). Teams consist of a maximum of 6 players, but not necessary; if you don't have 5 other people to form a team you will be matched with others in the same situation. All interested seniors are to please call the Senior Center at 353-0828 for further information or to register.

Dates/times/locations:
Wed, April 1 @Westlake 1:30PM
Tues, June 30 @ N Ridgeville 1:30PM
Wed, August 19 @Fairview Pk 1:30PM
Fri, October 23 @Rocky River 1:30PM
Wed, December 2 @N Olmsted 1:30PM

Freestyle (Watercolor) Art Group

Our art enthusiasts gather for morning of painting and conversation on **Wednesdays** 9:30 am- 12 (noon). There is no formal instruction, but all that attend assist each other with projects when needed. If interested, bring your paints and stop in on Wednesdays 9:30 am – 12:00 (noon) at the Senior Center.

CANASTA

Group meets on **Wednesdays** from 12:30 p.m. until 4:00 p.m.

EUCHRE & PINOCHLE

Our card players meet on **Thursdays** from 12 noon until 4pm to play Euchre or Pinochle (except on Super Thursdays when all card playing begins at 1:30 pm). Refreshments provided.

Monday Crafts, 10 am – 2 pm

Our craft group continues to welcome new people and keep busy making new, different and exciting craft projects. They welcome ideas, but will share ours to make for the Craft Store here at the Senior Center. A soup lunch including beverage is $.35 for our crafters at noon.

PUZZLE EXCHANGE

We have plenty of puzzles to choose from each month, please limit 3 puzzles back to us, but you are welcome to take as many as you'd like. Just stop on in and browse the selection on the **Last Tuesday of the month from 11am -12 (noon).**

MAHJONGG

"Mahjongg" is an Ancient Chinese Tile Game. This group meets every **Thursday** at 12 noon (except on Super Thursday) and always welcomes new members. If you can play, come by **Thursday** at noon. If you have never played, we offer instruction as to how to play the game. A player's card is required for a small fee.

BITS & PIECES

Our MidWeek Social is a lot of fun with lunch, cards and/or bingo!
On **Wednesdays**, come play cards starting at 10 a.m., if you like.
Or come at noon for a delicious hot lunch served from 12:00 –12:15pm.
The Wednesday lunch menu for March & April is listed in the calendar at the end of the newsletter.
$4.00 includes a hot entrée, dessert and beverage.
Reservations are required for lunch by calling 440-353-0828 by 12 noon on Tuesday.

If you're interested in volunteering to call BINGO on Wednesday afternoons, please call 440-353-0835.

March 25, June 24th, September 23rd and December 16th

Looking for a fun afternoon? Come and play Music Bingo with Ken or Jack of Music Bingo Ohio. This is a fun way to play bingo! They give bingo sheets with song titles and you have to match the song when it is played to form a bingo for prizes! Very similar to "Name That Tune", but you already have the title on the bingo sheet. Plan on coming before for a delicious lunch served at noon for $4.00, reservations required for lunch by calling 353-0828.

Young at Heart

Young at Heart Brunch
April 30th
10:30-11:30 am

Morning brunch will consist of scrambled eggs, bacon and hash browns and fruit, juice and coffee for $3.00. Please have reservations in to the Senior Center by Tuesday at 440-353-0828. Entertainment is still to be determined but please keep an eye out for flyers at the center and our Facebook Page.

BITS & PIECES CONTINUED...

Mayor Kevin Corcoran P & R Director: Kevin Fougerousse

NORTH RIDGEVILLE PARKS & REC

ADULT EDUCATION CLASSES

With Candace Pollock, Hahn & Pollock, LLC.
$25 Resident / Non-Resident (Per Class)

Nuts & Bolts of Trusts
Thursday, February 6, 2020 - 6:30-8:00 PM
N.R. City Hall Council Chambers

Top 10 Medicaid Planning Mistakes
Thursday, February 20, 2020 - 6:30-8:00 PM
N.R. City Hall Council Chambers

Caregiver Children & Their Elder Parents
Thursday, March 5, 2020 - 6:30-8:00 PM
N.R. City Hall Council Chambers

How to Avoid Nursing Home Poverty
Thursday, March 19, 2020 - 6:30-8:00 PM
N.R. City Hall Council Chambers

Register online @ nridgeville.org/parksandrec

TRIPS!! TRIPS!! TRIPS!!

Register by calling 440-353-0835. Stop in to the Center for Trip Info. All trips must be paid in full at time of booking during registration period.

NEW Registration Policy

- **Registration is taken in the order of individuals signing up during the registration period. Payment is due at the time of booking.**
- **No early booking. Booking begins at 9:00 AM on specified date.**

*** Passenger will be allowed to register one other individual at time of registration.**

*** Our Senior Van is a 14 passenger capacity.**

Amish Country
Friday, April 3, 2020

8:30 am -4:30 pm
Report to Center 8:15 am
Open booking: March 13-March 30
Fare: $15.00
Lunch on own at Dutch Valley Restaurant
Stops at Berlin Village Complex and Dutch Valley Complex

Geneva on the Lake
Friday, May 1, 2020

8:30 am -4:30 pm
Report to Center 8:15 am
Open booking: March 13-April 24
Fare: $15.00
Lunch on own at Mary's Kitchen
Enjoy the shops along Geneva on the Lake

Senior Center Fundraiser Casino Trip to MGM Grand by Northridge Tours!

Wednesday, June 3, 2020
Fare: $30.00
(Casino bonus $25)
Booking directly with North Ridge Tours April 13- May 16, please make payments to North Ridge Tours 5795 Tree Moss Ln., N. Ridgeville (440-465-1578)

Walking Guide

Little Walking

Moderate Walking

Extensive

Office for Older Adults Trip Cancellation Policy:

All trips must be paid at time of reservation. The Office for Older Adults (Senior Center) will provide a full refund if the Center cancels the trip. If you cancel a week prior to travel date and a replacement is found from a Senior Center wait list or by you, a full refund will be made. If no replacement can be found, all reservations have been secured and fees paid no refund will be made.

GETTING FIT!

PLEASE NOTE!! ALL FITNESS CLASSES AT THE SENIOR CENTER NOW REQUIRE PRE-REGISTRATION. PLEASE CHECK FOR REGISTRATION DEADLINES.

GET FIT! EXERCISE CLASS

Enjoy a morning class of fun exercises to loosen, tone and strengthen those muscles. Join our Fitness Instructor, Diane Mehlman, for class **Mondays** from 9-9:50 a.m. All exercises can be done to meet your ability and strengths. All exercisers will need a set of 2 or 3 pound weights, stretch bands and a bottle of water. Cost is $32.00per 6 week session. First class is free - stop in and try it!

Current Session
Session 1: Feb 10 - March 30 (no class 2/17)

Session 2: March 30, April 6 through May 4
(Registration Deadline 3/27)

Session 3: May 11 through June 22. No class 5/25
(Registration Deadline 5/8)

Weekly Line Dancing!
On **Tuesday's** come and learn some fancy footwork while having tons of fun with your fellow classmates. Beginner and Intermediate sessions available.

Sessions are 6 weeks long.
Cost is $25 per 6 week session.
Instructor: Ronna Murray

Beginner 11:50 am—12:50 pm
Intermediate 1:00-2:00 pm

Session II:
February 25; March 3, 10, 24, 31; April 7—No class 3/17
(Registration deadline: Feb 20)

Spring Session

Session 1: April 14, 21,28, May 5,19, 26—no class 5/12

(Registration deadline 4/9)

Chair Yoga
Offered by: North Ridgeville Parks and Recreation

This class allows you to perform postures and breathing exercises with the aid of a chair. You can experience the many benefits of yoga without having to get up or down from the floor. Benefits of this class include increased balance, strength, flexibility, range of motion, and stress reduction.
Each session is 6 weeks.

Instructor: Heather Gillespie
Ages: 15 and Up
Class Size: 04 minimum / 12 maximum
Fee: $45 resident / $55 non-resident
Location: Safetyville Building 35753 Bainbridge Rd

Session	Day	Date	Time
Ses II	FRI	03.06.-4.10	8:00-9:00AM

chair yoga
Yoga for Every Body

NORTH RIDGEVILLE PARKS & RECREATION

SENIOR SERVICES

The services provided are funded entirely by the City of North Ridgeville, donations and North Ridgeville Seniors, Inc. Transportation receives a small grant from Title III-B of the Older Americans Act through the Ohio Department on Aging administered by the Western Reserve Area Agency on Aging.

Please call us at 440-353-0828 for any questions you might have regarding the services we provide.

TRANSPORTATION
NEED A RIDE?
CALL US!

Do you need a ride to the doctor, dentist, grocery shopping, the bank, etc.? If you are 60 or over and unable to drive, we can help! Our vans operate during the week and our drivers would be glad to take you to your appointment or to run an errand. An assessment by our case manager is required prior. Trips are provided for banking, to medical appointments, shopping, and activities held at our Center. To avoid scheduling conflicts, we ask that arrangements be made in advance by calling 440-353-0857. We transport Monday through Friday between the hours of 8 a.m. and 4 p.m. A donation of $1.00 each way for local transports and $2.00 each way for longer distances is requested. Additional monetary donations are always welcome.

LOCK BOXES

The Lock Box saves damage to your property and saves time for our paramedics when trying to gain access into your home. North Ridgeville Seniors, Inc., and the North Ridgeville Fire Department are proud to provide Lock Boxes to our North Ridgeville seniors. **A donation of $30 is required for a Lock Box for seniors 60+. Lock Boxes are available to anyone else for $40.** Applications can be found at the Senior Center or at www.nridgeville.org. ***The cost of the Lock Boxes are supplemented by North Ridgeville Seniors, Inc. Thank You!***

SENIOR SUPPER CLUB

Seniors can eat at St. John Medical Center's Terrace View Café (cafeteria) for a discount. Anyone over the age of 60 can simply pick up a card from our receptionist for a 40% discount on all food (except bottled beverages and "Simply to Go" items). There is a $10 limit per customer for discount, after that the items are full price.

MEALS–ON–WHEELS

CAN WE HELP?

We can provide a nutritious, home cooked meal delivered to your home at a low cost of $3.25 per meal. It is our goal to provide a hot and nutritious noon meal to all of our clients; however, we cannot do special diets. Our meal includes a hot entrée, bread and dessert. Call 440-353-0857 for more information.

WHO IS ELIGIBLE FOR MEALS-ON-WHEELS?

Anyone 60 or older who lives in North Ridgeville or the townships of Carlisle, Columbia, Eaton, Grafton or LaGrange. We do not adhere to any special diets so we do require a doctor's authorization prior to anyone coming on the program. Our case manager will do a home visit before signing anyone up for Meals-On-Wheels.

NEED A BIRTHDAY GIFT IDEA!

Gift certificates for our Meals-On-Wheels Program and Transportation are always available by calling 440-353-0857. These are always wonderful Birthday or anytime gifts!
They are always available and help your older family member by purchasing something they need. This is a perfect gift for family members, friends or neighbors on either of your programs and can be purchased in a variety of denominations.

SENIOR SERVICES CONTINUED...

FOOT CLINIC

Dr. Thomas Emmert, Podiatrist of Total Foot Care, offers a Foot Clinic at the Senior Center. **Dr. Emmert will be here March 4 & March 25.** Patients are seen on a first come, first served basis. The sign-in sheet is at the receptionist window.

If it is your first visit, it is recommended that you contact Dr. Emmert's office before coming to the Center to insure they have the necessary information. They can be reached at (216) 529-1800. The cost of the clinic is usually covered by Medicare and supplemental insurance.

OUTREACH PROGRAM

A very special thank you to the Grafton V.F.W. Post 3341 for staffing/ organizing our Outreach Program in Grafton. Located at 783 Huron St., they always have something special happening. The Grafton VFW and the North Ridgeville Senior Center team up to provide Outreach Programs for Seniors at the VFW hall at **NO COST** to the senior. A calendar of events can be found in the **Rural Urban Newspaper**. For information on the programs, please contact the VFW at 440-926-3341 for an updated schedule.

HEARING TESTING

Mobile Hearing Services will be here on **March 5, 2020** from 1-3 pm to provide *free* hearing testing. Other services can be performed but there will be a charge. Please call (440) 353-0828 to schedule an appointment, if you would like your hearing checked that afternoon.

BLOOD PRESSURE CHECKS

Walk in and have your blood pressure checked from one of our friendly volunteer nurses on the 3rd Wednesday of every month. The our friendly nurses are here at the Senior Center from 10:00 until 12 noon. It is on a first come, first serve basis. There is no charge for this service. Come later and stay for Wednesday's delicious lunch!

SUPPORTIVE SERVICES

Supportive Services are provided for persons 60 and older. These services provide linkage to social service agencies, home health care services, support groups, telephone reassurances, and much more. The purpose of Supportive Services is to try to help seniors maintain independence, and to be a source of information for and about seniors. If you need assistance, or if you have any questions, call 440-353-0857 Monday thru Friday, 10 a.m. - 4 p.m.

GOLDEN BUCKEYE CARD INFORMATION:

Participation in the Golden Buckeye program is free to all Ohio residents who are:

- **Age 60 or over (proof of age required).**
- **Age 18-59 with a Social Security Administration defined disability.**

If you are just turning 60 and have an Ohio driver's license, you will automatically be mailed your card just before your birthday. If you have not received the card four weeks after your birthday, call toll-free 1-866-301-6446 or if your card was lost or stolen, call 1-866-301-6446 to get a new card.

Stop by the Senior Center to fill out an application or for more information visit the website at www.goldenbuckeye.com.

HEALTH INSURANCE COUNSELING

Health insurance counseling is available by appointment only at the Senior Center. To arrange for a counseling appointment, call 440-353-0856 or 440-353-0857 for information.

MARCH 2020

Monday	Tuesday	Wednesday	Thursday	Friday
2 Exercise 9 am Crafts 10 am Wii Games 12:30 pm	**3** Taxes 9:00 am—3pm Line Dancing 11:50/1:00	4 **Foot Clinic 8:00 am** Watercolor 9:30 am Lunch 12-12:15 **(Burger & Chips)** Bingo 12:30- 2 pm Canasta /Euchre 12:30 pm	5 Men's Breakfast 9:00 am Cards 12:00 pm Mahjongg 12:00pm **Hearing Testing 1-3**	6 Rotary Luncheon 12 noon
9 Exercise 9 am Crafts 10 am Wii Games 12:30 pm	**10** Taxes 9:00 am—3pm Line Dancing 11:50/1:00	**11** Social 9 am Watercolor 9:30 am Lunch 12-12:15 **(American Burger)** Bingo 12:30- 2 pm Canasta /Euchre 12:30 pm	12 Super Thursday Luncheon 12:00 Cards 1:30 pm Mahjongg 1:30pm	13 Rotary Luncheon 12 noon
16 Exercise 9 am Crafts 10 am Wii Games 12:30 pm	**17** No Activities Primary Election	**18** Social 9 am Watercolor 9:30 am **Blood Press. 10 am** Lunch 12-12:15 **(Breaded Pork Chop)** Bingo 12:30- 2 pm Canasta/Euchre 12:30 pm	19 Men's Breakfast 9 am Advisory Board Mtg. 10:30 am Cards 12 pm Mahjongg 12 pm	20 Rotary Luncheon 12 noon
23 Exercise 9 am Crafts 10 am Wii Games Traveling 12:30 pm	**24** Taxes 9:00 am—3pm Line Dancing 11:50/1:00	25 **Foot Clinic 8:00 am** Social 9 am Watercolor 9:30 am Lunch 12-12:15pm **(Brats/Pierogies)** Bingo 12:30 - 2 pm Canasta /Euchre 12:30 pm	26 Ladies Brunch 9:00 am Cards 12:00 pm Mahjongg 12:00pm	27 Rotary Luncheon 12 noon
30 Exercise 9 am Crafts 10 am Wii Games 12:30 pm	31 Taxes 9:00 am—3pm Puzzle Exchange 11am-12pm Line Dancing 11:50/1:00			

APRIL 2020

Monday	Tuesday	Wednesday	Thursday	Friday
		1 Social 9 am Watercolor 9:30 am Lunch 12-12:15pm **(Stuffed Cabbage)** Bingo 12:30- 2 pm Canasta/Euchre 12:30 pm	**2** Men's Breakfast 9am Mahjongg 12 pm Cards 12:00 pm	**3** Amish Country Trip Meet 8:15 at center Rotary Luncheon 12pm
6 Exercise 9 am Crafts 10 am Wii Games 12:30 pm	**7** Taxes 9:00 am—3pm Line Dancing 11:50/1:00	**8** Social 9 am Watercolor 9:30 am Lunch 12-12:15pm **(Ham)** Bingo 12:30- 2 pm Canasta/Euchre 12:30 pm	**9** Super Thursday Luncheon 12:00 pm Cards 1:30 pm Mahjongg 1:30 pm	**10** Good Friday Center Closed
13 Exercise 9 am Crafts 10 am Wii Games 12:30 pm	14 Taxes 9:00 am—3pm Line Dancing 11:50/1:00	**15** Social 9 am Watercolor 9:30 am **Blood Pressure 10-12** Lunch 12– 12:15 pm **(Grilled Chicken)** Bingo 12:30-2 Canasta /Euchre 12:30 pm	**16** Men's Breakfast 9:00 am Mahjongg 12 pm Cards 12:00 pm	**17** No Rotary Luncheon
20 Exercise 9 am Crafts 10 am Wii Games 12:30 pm	**21** Line Dancing 11:50/1:00	**22** Social 9 am Watercolor 9:30 am Lunch 12-12:15pm **(Open Face Salisbury Steak)** Bingo 12:30- 2 pm Canasta/Euchre 12:30 pm	**23** Ladies Brunch 10:30 am Mahjongg 12 pm Cards 12 pm	**24** No RotaryLuncheon **Spaghetti Dinner** **5-7pm**
27 Exercise 9 am Crafts 10 am Wii Games 12:30 pm	**28** Puzzle Exchange 11 am Line Dancing 11:50/1:00	**29** Social 9 am Watercolor 9:30 am Lunch 12-12:15pm **(Stuffed Shells)** Bingo 12:30- 2 pm Canasta/Euchre 12:30 pm	30 Young At Heart Brunch 10:30 AM Mahjongg 12 pm Cards 12 pm	

NEWS OF INTEREST

Free Monthly Community Meals

End of the month meals are provided by the following North Ridgeville Churches to help families, seniors, and those struggling with disabilities which make cooking difficult, as well as provide fellowship within our church community. Meals are served Saturdays/Sundays from 12:30 - 1:30 p.m. and weekdays 6:00 p.m. - 7:00 p.m. unless otherwise indicated.

Saturday – Harvest Ridge Church- 35600 Lorain Rd
Sunday – Journey of Faith – 33406 Liberty Parkway
Monday – The River Church of God - 6000 Lear Nagle
Tuesday – Fields Methodist Church- 34077 Lorain Rd.
(1st & 3rd Tuesday of the month Fields has a full dinner)
Wednesday – St. Peter's Church- 35777 Center Ridge
Thursday – St. Julie's Church- 5500 Lear Nagle
Friday – First Congregational, 36363 Center Ridge

Note # 1: All menus subject to change.

Note # 2: Meals are actively served during the first 30 minutes. Since leftovers are then offered to our guests, please be sure to arrive in time to be served a full meal.

VISIT COMMUNITY CARE FOR "SALAD WEDNESDAY!"

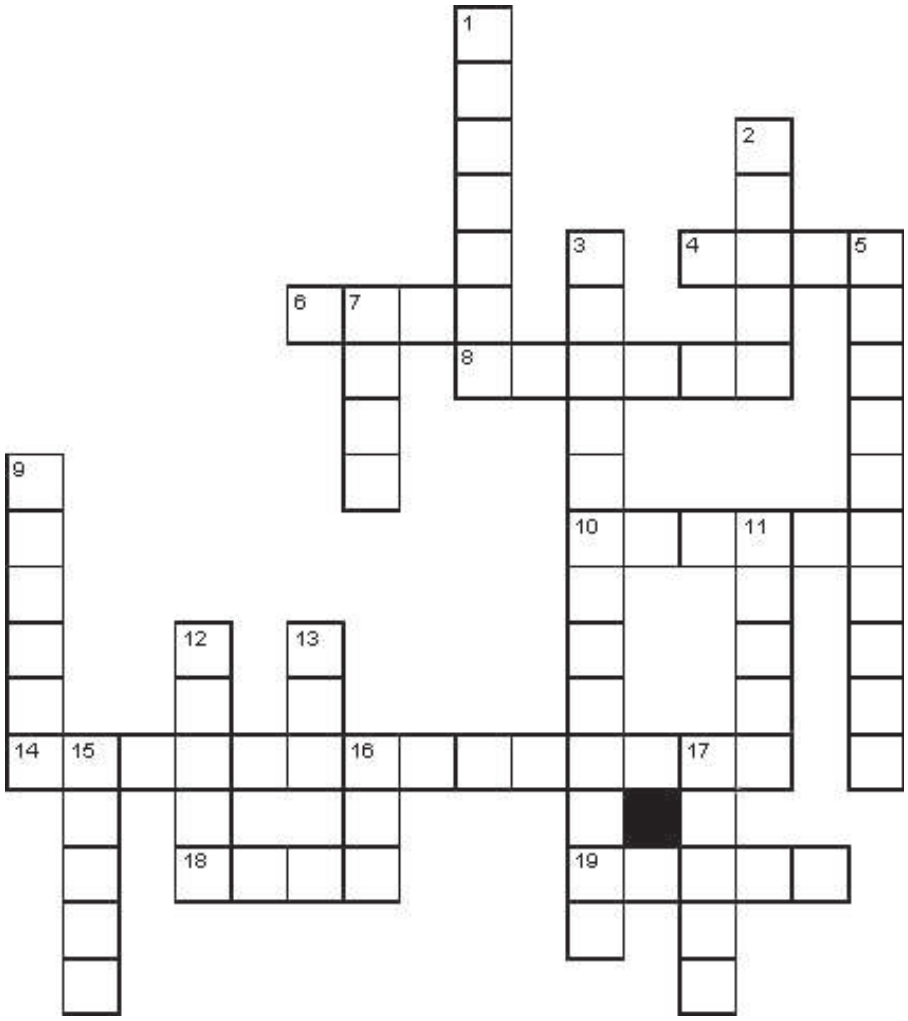
If you are 60 or over and live in the City of North Ridgeville, you are invited to stop by Community Care every Wednesday from 9:30 a.m. - 1:30 p.m. throughout the year and pick up some fresh salad items. This wonderful community service is open to any NR resident over 60, regardless of income level. Selections may vary each week so be sure to stop by often. Community Care is located on Center Ridge Road behind Arby's.

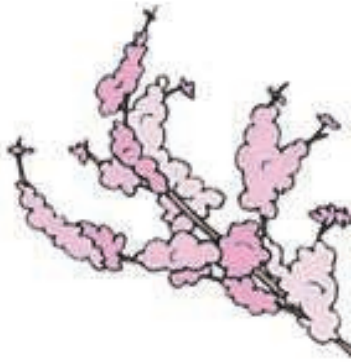
DONATIONS /MEMORIALS /WILLS

Please continue to remember the Senior Center for donations, memorials and bequests of your loved ones. Checks made out to our 501(c)(3), the non-profit arm of the Senior Center, North Ridgeville Seniors, Inc. are tax-deductible.

We also accept and we appreciate donations made through your Will or Trust.
Thank You for remembering us!

PUZZLE





Across

4. Spring weather.

6. An animal that wakes up after a long winter nap.

8. Begin to grow.

10. Somebody who plants crops.

14. White or pink tree flowers that bloom in spring.

18. Something that can grow into a tree or a plant.

19. The middle month of spring.

Down

1. These begin to bloom in spring.

2. Farmers _____ crops.

3. A day for playing tricks.

5. A day to thank mom.

7. Mother birds lay these in their nests.

9. Go to the country and have lunch.

11. What snow does in the mountains.

12. Some of these return from their winter homes.

13. The last month of spring.

15. Baby birds _____ from their eggs.

16. A flower before it blossoms.

17. The first month of spring.

April showers,
Bring May flowers!

Office for Older Adults
North Ridgeville Seniors, Inc.
7327 Avon Belden Road
North Ridgeville, OH 44039

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North Ridgeville Senior Center Newsletter

March—April 2020

(440) 353-0828
7327 Avon Belden Road

When the weather turns cold and snowy, please tune in to local news and radio stations for information. **When North Ridgeville City Schools are closed, there will be no activities at the center that day.** Our staff will be here to answer your calls. Call us before you leave home if you are concerned and as always, please be safe anytime you are out and about.