

Senior Center

NORTH RIDGEVILLE OFFICE FOR OLDER ADULTS
7327 Avon Belden Road
North Ridgeville, Ohio 44039
Phone: 440-353-0828



NOVEMBER—DECEMBER 2020

OFFICE HOURS:

Monday–Friday: 8 AM - 4:30 PM

Closed:

November 11, Veterans Day
November 26 & 27, Thanksgiving
December 24 & 25, Christmas



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We are ready to welcome you back! We will open on Monday November 9th. Things will look and be a little different. For everyone's safety, you will need to follow the guidelines below.

1. We will not be able to have as many people in the building and there will be social distancing. **Please call to reserve a spot.** **Walk-ins will not be accommodated unless we have available space.** If we have reached maximum capacity you will be put on the list for the next event. 440-353-0828 leave a message with your name and number for reservations.
2. Masks will be required if you are in the building. We will have some available if you forget. **No one will be permitted to enter without a mask.** Masks are to cover your mouth and nose.
3. Masks must be worn at all times when in the building, except while eating at your table. If you get up to get coffee or use the restroom, please put your mask on.
4. We have numerous hand sanitizing stations that will be positioned around the hall. Please use them frequently.
5. Temperatures will be taken at the door. If you are sick, please stay home and join us another day.
6. Doors will open **10 minutes** before each activity. If you arrive early, please wait in your vehicle until the doors open. Remember to socially distance upon arrival. The floor will be marked with 6 foot increments.

A MESSAGE FROM MAYOR CORCORAN



City Hall Hours:

Mon. - Fri.
8:00 a.m.
until
4:30 p.m.

City offices will be closed on:

November 11,
Veterans Day

November 26 & 27,
Thanksgiving

December 24 & 25,
Christmas



It is hard to believe we are moving into the holiday season and will soon be putting the year 2020 behind us. This has been an unusual year to say the least with COVID-19 and the challenges we continue to face as a result of the pandemic. If we all continue to do our part by social distancing, wearing face coverings and frequent hand washings, we can help slow this virus down.

As the Senior Center reopens, it will certainly look very different. Meredith Bement who served as the Center's director has resigned her position to enjoy more time with her family. By the time this newsletter reaches you, we will have named a new Director. With new leadership, come new ideas. And, as we continue to deal with COVID-19, our staff will continue to work diligently to provide services and social events with your health and safety in mind and meet the guidelines set forth by Governor DeWine and Lorain County Public Health.

Lorain County Public Health (LCPH) will be offering no-cost flu shots at community clinics and at their office. To schedule an in-office appointment, call LCPH at 440-284-3206. Drive-thru flu shot clinics for adults ages 16 years and older will be held Monday, November 2 from 3-7 PM at Oberlin Fire Department, 430 S. Main Street in Oberlin and Saturday, November 7 from 9 AM-1 PM at Elyria Fire Department Station 2, 330 E. Broad Street in Elyria.

As a reminder, special leaf collection is October 27 thru November 24. Leaves can be placed at the curb in plastic bags during this time on regular trash collection day. After November 24 and through March, leaves and any other yard waste must be placed in the blue trash cart each week as space allows. The Ohio Environmental Protection Agency (OEPA) rules states that no "source separated" yard waste can be disposed of in any solid waste landfill in the state from December through March. When placing yard waste in the blue cart, it simply becomes trash and no longer considered "source separated" allowing Republic Services to pick up yard waste while abiding by the OEPA rules.

Let's not forget the less fortunate during the holiday season. Our Parks & Recreation Department will be collecting non-perishable food items and new toys to benefit North Ridgeville Community Care. Drop off boxes are located at City Hall, Parks & Recreation and Senior Center starting November 2 through December 4. Please consider making a donation if you are able. Community Care also accepts monetary donations at their Center – located at 34015 Center Ridge Road (behind Arby's).

While we are on the subject of holidays, North Ridgeville Visitors Bureau will be sponsoring the annual Holiday on the Ridge on Saturday, December 5. The self-guided tour takes you to craft shows, business open houses and more. The annual tree lighting ceremony will take place at 5 PM at South Central Park Gazebo – join the High School Choir in festive songs while the scouts decorate the tree. I'll be on hand to flip the light switch. When more details become available, you'll find the latest news posted on the North Ridgeville Chamber of Commerce website at www.nrchamber.com and the city's website at www.nridgeville.org.

I would like to invite you to my monthly Coffee & Conversation – November 17 and December 16 from 8-9 AM in Council Chambers at City Hall. This is an opportunity to hear all about current and upcoming projects and to ask any questions that you may have in a casual setting.

If you have any questions, please feel free to call my office at (440) 353-0811. Enjoy the upcoming holiday season!

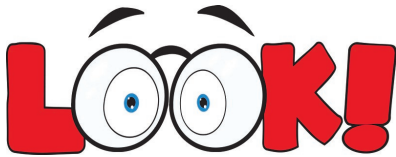
Sincerely,

Mayor Kevin Corcoran



WELCOME TO NORTH RIDGEVILLE SENIOR CENTER

If you haven't already, it's time to renew your newsletter subscription for 2020. The \$8.00 fee per household helps defray our costs to mail this newsletter every other month so we can keep you updated on activities here at the Senior Center.



If your mailing label reads "2020" or "0" for Lifetime Subscription Members, you are current on your subscription for this year.

We will be going through our list regularly and removing anyone who does not keep their subscription current so we can keep our costs down. If you move, please update us on your new address.

SUBSCRIPTION FORM - OFFICE FOR OLDER ADULTS

7327 AVON BELDEN ROAD
NORTH RIDGEVILLE, OHIO 44039
PHONE: (440) 353-0828

YEAR _____ LIFETIME* _____ RENEWAL: YES / NO

DATE _____

*Please make checks payable to
The N. R Office for Older Adults*

NAME _____

ADDRESS _____

CITY/STATE/ZIP CODE _____

PHONE: _____

EMAIL: _____

Please list below any areas of interest regarding classes, speakers, trips, activities at the Center, or any other interests you may have.

*Lifetime Subscription eliminates having to pay your annual subscription fees each year.

Annual Cost (per household): \$8.00 Lifetime Subscription: \$ 75.00

Your subscription expires 1 year from the date of your payment.

NORTH RIDGEVILLE BRANCH LIBRARY NEWS

JENNIFER WINKLER, BRANCH LIBRARIAN SUPERVISOR
440-327-8326



The Lorain Public Library System extended its hours! The North Ridgeville Branch is open 9 a.m. to 8 p.m. Monday through Thursday and 10 a.m. to 6 p.m. Friday and Saturday. The first hour of each day is reserved for our senior patrons and those that are immunocompromised. We are closed on Sunday.

NaNoWriMo Zoom Write-In

Join us as we provide a virtual meeting space for writers to casually gather and discuss writing projects and support one another. Registrants are asked to include their email addresses so that Zoom invitations can be sent for this event.

Preregistration required.

Thursday, November 5, 12 19 at 6:30 p.m.



2021 LPLS Writers Conference Series: How to Get Back on Track

Join author and librarian Cari Dubiel virtually as she shares tips and inspiration that will help you stay on track with NaNoWriMo and other writing projects. Participants can attend as many or as few sessions as they wish. Registrants are asked to include their email addresses so that Zoom invitations can be sent out for this event. Preregistration required. **Monday, November 9 at 6:30 p.m.**



LPLS now taking reservations for the new Create Space at Main Library!

We'll supply the equipment you bring the creativity! Thanks in part to the Nord Family Foundation, our Create Space is now open at our Main Library in Lorain. We have an embroidery machine, various Cricuts, a laminator, a Glowforge Pro and more! Create Space is open during regular library hours however reservations are currently required and can be made in two-hour blocks of time by calling 440-244-1192. For more information, a complete list of equipment and a virtual tour, visit www.LorainPublicLibrary.org



Grab & Go Origami Paper Roses

In this grab-and-go activity, learn how to craft lovely origami paper roses and create an autumn inspired centerpiece, garland or accessory. These All Ages activity bags are available while supplies last at the North Ridgeville Branch Library during regular business hours .

**Monday, November 9 – Saturday,
November 14; while supplies last**

Grab & Go No Sew Snowman

In this grab-and-go activity, learn how to craft a no sew fabric snowman. These All Ages activity bags are available while supplies last at the North Ridgeville Branch Library during regular business hours.

**Monday, December 14 – Saturday,
December 19; While Supplies Last**

MORE LIBRARY NEWS

LORAIN PUBLIC LIBRARY SYSTEM'S NORTH RIDGEVILLE BRANCH
35700 BAINBRIDGE ROAD, NORTH RIDGEVILLE | 440-327-8326

The Lorain Public Library System adapted its programs, so you enjoy them from the comfort of your own home using Facebook or Zoom. The North Ridgeville Branch Library has also added several Grab & Go activities for you to enjoy at home. These are available for all ages, and each kit includes most of the supplies needed to complete each activity.

BOOK DISCUSSION GROUP



LPLS Zoom Book Discussion

Connect with other readers to discuss great books via Zoom. Registrants are asked to include their email addresses so that Zoom invitations can be sent for this event. Preregistration required.

**Wednesday, November 11;
December 9 at 6:30 p.m.**

Zoom Cookbook Discussion

If you love to read, cook, learn and share recipes, this group is for you. Join us via Zoom to discuss and feel free to virtually "share" a dish from the month's selected cookbook.

Hosts will be logging in from the beautiful new Culinary Literacy Center at the Main Library. Registrants are asked to include their email addresses so that Zoom invitations can be sent for this event. Preregistration required.

Tuesdays, November 17; December 15 at 6:30 p.m.



Food Friday - Love Your Leftovers

Join us virtually in our beautiful new Culinary Literacy Center as we share ideas for creative, tasty and affordable ways to use up your holiday leftovers. Preregistration required.

Friday, November 27 at 3 p.m.

Food Friday - Cooking with A Guest Lorain Fire Department

The Lorain Fire Department is visiting our new Culinary Literacy Center at the Main Branch to share some tasty recipes and tricks in the kitchen. Pick up some delicious new skills and safety tips as you follow along at home. Preregistration required.

Friday, December 11 at 3 p.m.

2021 LPLS Writers Conference



Series: Finding Inspiration

Baldwin Wallace professor Michael Garriga will discuss the importance of listening to your subconscious mind for Inspiration to write and will include an exercise to show exactly how to use this skill. This program is part of the 2021 LPLS Writers Conference Series. Participants can attend as many or as few sessions as they wish. Registrants are asked to include their email addresses so that Zoom invitations can be sent out for this event.

Preregistration required.

Saturday, November 21 at 1:00 p.m.

JUST FOR FUN! WE HOPE YOU'LL JOIN US!

When calling for reservations, please leave your name and phone number. We will call you back to confirm your reservation before the day of the event. Please see the cover of this newsletter for Guidelines for participation. **Reservations need to be called in to the Center by Noon on Wednesdays for the following week.** Please leave your name, phone number when you leave a message at 440-353-0828 If we are full you can go on the waiting list. We will call you if we have extra space!

Wii Bowling on Mondays!



No special shoes or lifting a heavy ball is required! Wii Bowling is an electronic bowling game that can be done socially distanced and as a team! You can form your own team or sign up individually. We will put you on a team when you arrive. Please call 440-353-0828 and leave a message with your name and phone number. We will call you back to confirm your reservation.

This is open to all activity levels and a light lunch will be served at noon. All participants are asked to leave immediately upon completion of event. Activity takes place every Monday beginning November 9th.

Doors open at 10:50 am and we will be done at 12:30 p.m. Light lunch will be \$4 per person. Please let us know if you will be staying for lunch when making reservations.

Family Feud on Tuesdays!



Back by popular demand...done socially distanced and as a team! Please call 440-353-0828 and leave a message with your name and phone number. We will call you back to confirm your reservation. This is open to all activity levels and a light lunch will be served at noon. All participants are asked to leave immediately upon completion of event. Activity takes place every Tuesday beginning November 10th.

Doors open at 10:50 a.m. and we will be done at 12:30 p.m. Light lunch will be \$4 per person. Please let us know if you will be staying for lunch when making reservations.



Bingo and Lunch Wednesdays!

Please call 440-353-0828 and leave a message with your name and phone number. We will call you back to confirm your reservation. Bingo will be played first then a light lunch will be served at noon. All participants are asked to leave immediately upon completion of event. Activity takes place every Wednesday beginning November 18th.

Doors open at 10:50 a.m. and we will be done at 12:30 p.m. Light lunch will be \$4 per person. Please let us know if you will be staying for lunch when making reservations.

NEWS AND NOTES FROM PARKS & REC!

REGISTER ONLINE AT [HTTPS://NRIDGEVILLE.ORG/PARKSANDREC](https://nrIDGEVILLE.ORG/PARKSANDREC) OR STOP IN TO THE OFFICE ATTACHED TO THE NORTH SIDE OF THE SENIOR CENTER.



HOLIDAY FOOD & TOY DRIVE



**NOV. 2
TO
DEC. 4**

Non-perishable food items and new toys in original packaging are needed to help benefit Community Care for the holidays. Drop off boxes located at City Hall, Parks & Rec, and Senior Center.



MAYOR: KEVIN CORCDRAN

P&R DIRECTOR: KEVIN M. FOUGEROUSSE

Tai Chi Balance for January & February

Good balance is essential for our daily life activity, and tai chi can help improve your balance and confidence at any age. This class focuses on the basic movements of tai chi to improve balance, flexibility, and coordination while strengthening muscles of the ankles, knees, hips, and legs.

Instructor: Mary Cordray
 Ages: 15 and Up—Seniors welcome!
 Class Size: 04 minimum / 06 maximum
 Fee: \$50 Resident / \$60 Non-Resident
 Location: NR Senior Center 7327 Avon Belden Rd.

	Day	Time
Ses I		
THURS	01.14-02.18	10:15-11:15AM
Ses I		
SAT	01.16-02.20	10:00-11:00AM
Ses II		
THURS	02.25-04.01	10:15-11:15AM
Ses II		
SAT	02.27-04.03	10:00-11:00AM

This is a Parks and Rec program please register online at <https://nrIDGEVILLE.ORG/PARKSANDREC> or come to the office to register for this event.

Centered Yoga for January and February

This is a non-flow yoga class aimed at stretching, strengthening and balancing the body through a variety of poses on the ground, seated, kneeling and standing.

This class is meant for people of all ages and yoga abilities.

Instructor: Kip Cronk
 Ages: 15 and Up - Seniors Welcome!
 Class Size: 04 minimum / 12 maximum
 Fee: \$50 Resident / \$60 Non-Resident
 Location: Safetyville Building 35753 Bainbridge Rd.

	Day	Date	Time:
Ses I	TUES	01.12-02.16	4:30-5:30PM
Ses II	TUES	02.23-03.30	4:30-5:30PM

This is a Parks and Rec program please register online at <https://nrIDGEVILLE.ORG/PARKSANDREC> or in person at the P & R office.

Gentle Yoga for January & February

A calming stress-relieving yoga class designed to stretch and strengthen the body gradually. Emphasis is on building awareness of the body and breathing techniques. Yoga poses are practiced at a slow pace with attention to alignment and detail. Props, such as chairs, straps, and blocks, are used to assist the participant in the yoga postures. Seniors also welcome. Each session is 6 weeks.

Ages: 15 and Up - Seniors Welcome!
 Class Size: 04 minimum / 06 maximum
 Fee: \$50 Resident / \$60 Non-Resident
 Location: **Safetyville Building 35753 Bainbridge Rd. (T) Shady Dr. Batting Cages 37077 Shady Dr. (TH)**

Ses I	TUES	Kip Cronk	01.12-02.16	5:45-6:45PM
Ses II	TUES	Kip Cronk	02.23-03.30	5:45-6:45PM
Ses III	TUES	Kip Cronk	04.06-05.11	5:45-6:45PM
Ses I	THUR	D. Jancura	01.07-02.11	9:00-10:00AM
Ses II	THUR	D. Jancura	02.18-03.25	9:00-10:00AM
Ses III	THUR	D. Jancura	04.01-05.06	9:00-10:00AM

This is a Parks and Rec program please register online at <https://nrIDGEVILLE.ORG/PARKSANDREC> or in person at the P & R office.



The services provided are funded entirely by the City of North Ridgeville, donations and North Ridgeville Seniors, Inc. Transportation receives a small grant from Title III-B of the Older Americans Act through the Ohio Department on Aging administered by the Western Reserve Area Agency on Aging.

Please call us at 440-353-0828 for any questions you might have regarding the services we provide.

NEED A BIRTHDAY GIFT IDEA!

Gift certificates for our Meals-On-Wheels Program are always available by calling 440-353-0857. These are always wonderful Birthday or anytime gifts!

They are always available and help your older family member by purchasing something they need.

This is a perfect gift for family members, friends or neighbors on either of your programs and can be purchased in a variety of denominations.

SENIOR SERVICES

LOCK BOXES

The Lock Box saves damage to your property and saves time for our paramedics when trying to gain access into your home. North Ridgeville Seniors, Inc., and the North Ridgeville Fire Department are proud to provide Lock Boxes to our North Ridgeville seniors. **A donation of \$30 is required for a Lock Box for seniors 60+. Lock Boxes are available to anyone else for \$40.** Applications can be found at the Senior Center or at www.nridgeville.org. *The cost of the Lock Boxes are supplemented by North Ridgeville Seniors, Inc. Thank You!*

SENIOR SUPPER CLUB

Seniors can eat at St. John Medical Center's Terrace View Café (cafeteria) for a discount. Anyone over the age of 60 can simply pick up a card from our receptionist for a 40% discount on all food (except bottled beverages and "Simply to Go" items). There is a \$10 limit per customer for discount, after that the items are full price.

MEALS-ON-WHEELS

CAN WE HELP?

The North Ridgeville Office for Older Adults (Senior Center) offers a Meals on Wheels program to seniors 60 years and older. A nutritious meal is delivered right to their door on Mondays and Wednesdays for a total of up to 5 meals per week. Each meal is delivered before noon and contains an entrée and fruit or 100% juice. Meals are delivered in microwaveable containers and will need to be heated before consumption.

It is our goal to provide a nutritious noon meal to all of our clients; however, we cannot do special diets (e.g. diabetic). The price for a meal is \$3.75. Our friendly, courteous volunteer drivers pick up the meals from the Senior Center and deliver them to our clients. For additional information, please give us a call at (440) 353-0857.

WHO IS ELIGIBLE FOR MEALS-ON-WHEELS?

Anyone 60 or older who lives in North Ridgeville. We do not adhere to any special diets so we do require a doctor's authorization prior to anyone being added to the program. Our case manager will do a home visit prior to signing up the client on Meals-On-Wheels.

SENIOR SERVICES CONTINUED



OUTREACH PROGRAM

A very special thank you to the Grafton V.F.W. Post 3341 for staffing/organizing our Outreach Program in Grafton. Located at 783 Huron St., they always have something special happening. The Grafton VFW and the North Ridgeville Senior Center team up to provide Outreach Programs for Seniors at the VFW hall at **NO COST** to the senior. A calendar of events can be found in the **Rural Urban Newspaper**. For information on the programs, please contact the VFW at 440-926-3341 for an updated schedule.

SUPPORTIVE SERVICES

Supportive Services are provided for persons 60 and older. These services provide linkage to social service agencies, home healthcare services, support groups, telephone reassurances, and much more. The purpose of Supportive Services is to try to help seniors maintain independence, and to be a source of information for and about seniors. If you need assistance, or if you have any questions, call 440-353-0857 Monday thru Friday, 10 a.m. - 4 p.m.

FOOT CARE

Dr. Thomas Emmert, is the Podiatrist of Total Foot Care. At this time Dr. Emmert is taking appointments at his office in Lakewood. **He will not be visiting the Senior Center.** **If it is your first visit with him, it is recommended that you contact Dr. Emmert's office before your appointment to insure they have the necessary information. They can be reached at (216) 529-1800. The cost of the clinic is usually covered by Medicare and supplemental insurance.**

HEARING TESTING & BLOOD PRESSURE CHECKS

These services will remain suspended until further notice.

NORTH RIDGEVILLE COMMUNITY CARE

As the health and safety of our volunteers and clients is paramount Community Care has made the difficult decision to change the way they will be serving clients. They will be open, but will not have any volunteers at the center. North Ridgeville residents in need of food distribution will be assisted from a pass through at the side door. If you are a client and are homebound or feel it is unsafe to come out please call the center and we will make arrangements for you. Contact us at 440-353-9716 Temporary Hours of Operation: Monday and Tuesday 9:30 a.m. -1:30 p.m. , Thursday 3:00 p.m. - 6:00 p.m.

GOLDEN BUCKEYE CARD INFORMATION:

Participation in the Golden Buckeye program is free to all Ohio residents who are:

- **Age 60 or over (proof of age required).**
- **Age 18-59 with a Social Security Administration defined disability.**

If you are just turning 60 and have an Ohio driver's license, you will automatically be mailed your card just before your birthday. If you have not received the card four weeks after your birthday, call toll-free 1-866-301-6446 or if your card was lost or stolen, call 1-866-301-6446 to get a new card.

Stop by the Senior Center to fill out an application or for more information visit the website at www.goldenbuckeye.com.

HEALTH INSURANCE COUNSELING

Health insurance counseling is available by appointment only at the Senior Center. To arrange for a counseling appointment, call 440-353-0856 or 440-353-0857 for information.



As this unexpected year draws to a close we want to extend our wishes to all of you for a happy and blessed holiday season.
Love.
Kitty, Tim & Emily

Mayor: Kevin Corcoran P & R Director: Kevin Fougousse

NORTH RIDGEVILLE PARKS & RECREATION

Christmas Tree Lighting Ceremony

12.05.20 • SOUTH CENTRAL PARK GAZEBO
5:00PM

North Ridgeville Parks & Recreation

FALL 2020 ADULT EDUCATION CLASSES

Understanding Food Labels
 Tuesday, October 27th - 6:30-8:30 PM
 Community Cabin

Vitamins 101
 Monday, November 9th - 6:30-8:30 PM
 Community Cabin

Supporting Multiple Sclerosis Naturally
 Monday, November 23rd - 6:30-8:30 PM
 Community Cabin

INSTRUCTED BY DR. CAROLYN SMILOR, ND
 \$35 RESIDENT/ NON-RESIDENT (PER CLASS)
 Register online at nridgeville.org/parksandrec
 Contact Brandon Sweet at (440) 353-0880 for more information!

Columbia Gas of Ohio Q4 Municipal Newsletter Northeast and North Central Ohio

Columbia Gas[®]
 A NiSource Company

Winter bill assistance available

Many Ohio families are struggling to pay their bills because of COVID-19's impact on the economy. There are several resources available to help customers maintain or reconnect gas service.

- The [Winter Reconnect Order](#) went into effect October 5. Customers whose service has been shut off because of non-payment, or who have received a shutoff notice, can reconnect for \$175 plus a reconnection fee, no matter how much is owed. The order runs through April 21, 2021. Call Columbia Gas at 1-800-344-4077.
- The [Winter Crisis Program](#) begins November 1. This program provides grants to income-eligible customers who have either been shut off or are currently facing shut off. Those interested should contact their local [Energy Assistance Provider](#) to learn more and verify income. These organizations can also connect customers to other helpful assistance programs.
- Columbia Gas also offers a wide variety of [payment plans](#) to help make bills more manageable.

For more information on winter bill assistance and available help, call Columbia Gas at 1-800-344-4077 or visit ColumbiaGasOhio.com/WinterHelp. Customers can also reach out on Facebook, Twitter and Nextdoor.

Columbia's COVID-19 protocols

While COVID-19 has created challenges, Columbia Gas is still working to deliver the safe and reliable energy communities across the state depend on. Should a crew need to work inside your home, here are some of the safety measures employees and contractors are taking:

- Assessing their health daily
- Wearing a face covering in accordance with state orders
- Maintaining at least six feet of social distance
- Using additional protective gear when needed
- Cleaning work surfaces

We respectfully request when interacting with Columbia Gas employees that you also wear a face covering (if able) and maintain six feet of social distance.

For any questions on COVID-19 protocols or information on available help for those who may be struggling during the pandemic, please call 1-800-344-4077 or visit www.columbiagasohio.com/campaigns/covid-19.

Winter bill assistance available

Many Ohio families are struggling to pay their bills because of COVID-19's impact on the economy. There are several resources available to help customers maintain or reconnect gas service.

Cold weather safety messages

Stop, Leave, Call

As temperatures continues to drop, we become increasingly reliant on gas to keep our homes comfortable. Gas is safe and reliable but for a variety of reasons, leaks can occur. Gas is colorless and odorless in its purest form, but Columbia Gas adds an odorant called mercaptan to give it that distinctive sulfur-like rotten egg smell. If you catch the scent, STOP what you're doing, LEAVE the area immediately and from a safe place CALL 911 and Columbia Gas at 1-800-344-4077. Crews will respond 24/7/365 to ensure everything is safe. Even if you aren't sure whether it's a gas leak, always err on the side of caution and call. Potential leaks should never be ignored.

Carbon monoxide

Carbon monoxide is created when fuels burn incompletely. It's tasteless and odorless, but can become deadly if too much accumulates without proper venting. The most reliable way to know whether you have a leak is to have fully functioning carbon monoxide detectors at home, especially in areas where someone sleeps. Be sure to test the detectors once per month and replace the batteries every six months. If the carbon monoxide alarm sounds, or if residents suspect a carbon monoxide leak, they should STOP what they are doing, LEAVE the area immediately and from a safe place CALL 911 and Columbia Gas at 1-800-344-4077.

For additional home safety tips, visit <https://www.columbiagasohio.com/safety/know-your-home>

Energy efficiency programs

Columbia Gas has a variety of energy efficiency programs and rebates currently available for customers.

- Receive instant rebates on [energy-saving products](#), including a [3d Honeywell Home WiFi 7-Day Programmable Thermostat](#) and a \$75 instant rebate on top brands: Google Nest, ecobee and Emerson Sensi.
- See if you qualify for no-cost home weatherization services through the [WarmChoice](#) program.
- Schedule a [home energy audit](#) and have a certified energy auditor perform a comprehensive evaluation of your home. Now through December 31, get your home energy audit for free using offer code: HARVEST.
- Business customers with existing facilities can [receive rebates](#) when energy efficiency upgrades are made.

*Offer ends 11/30/20 at 11:59 PM. While supplies last. Sales tax and shipping fees apply.

DONATIONS/MEMORIALS/WILLS/PUZZLE

DONATIONS /MEMORIALS /WILLS

Please continue to remember the Senior Center for donations, memorials and bequests of your loved ones. Checks made out to our 501(c)(3), the non-profit arm of the Senior Center, North Ridgeville Seniors, Inc. are tax-deductible. We also accept and we appreciate donations made through your Will or Trust.



WORD SEARCH

W	U	L	L	N	J	D	K	E	Q	D	K	E	Q	Q
S	Q	I	O	L	C	F	B	R	A	F	B	R	A	A
R	A	O	I	D	N	O	I	T	A	C	A	V	N	N
T	N	N	U	I	K	K	M	M	X	Y	M	F	S	X
F	X	G	T	U	L	L	I	J	D	A	N	J	L	D
J	D	K	E	A	I	L	L	C	F	D	L	C	O	E
C	F	B	R	A	Y	I	D	V	J	I	D	V	R	C
V	A	I	T	N	T	U	I	K	K	L	I	K	A	O
K	K	N	F	X	G	W	U	L	L	O	U	L	C	R
L	L	N	D	D	K	E	Q	I	O	H	Q	I	O	A
I	O	L	C	Y	B	R	F	R	I	E	N	D	S	T
S	I	G	V	J	I	T	N	T	U	T	N	T	U	I
A	U	I	K	S	T	N	E	M	A	N	R	O	X	O
M	W	V	L	L	N	J	D	K	D	J	D	K	D	N
T	E	I	I	O	L	C	F	B	F	C	F	B	F	S
S	R	N	G	I	D	V	J	I	J	V	J	I	J	J
I	T	G	H	Y	R	R	E	M	K	K	K	M	K	K
R	F	X	T	W	U	L	L	N	G	L	L	N	L	L
H	J	D	S	E	C	I	S	U	M	I	O	L	O	O
C	C	F	B	R	A	O	I	D	I	O	F	D	I	I
D	V	J	S	H	O	P	P	I	N	G	U	T	U	U
I	K	K	M	F	X	G	W	U	A	G	W	U	S	A

Created by Sue Laddour, Santa Park House, 2013

See how many of these words you can find in the puzzle. The words can be forward, backward or diagonal.

- | | | | |
|--------------|----------------|---------------|-------------|
| 1. Merry | 5. Friends | 9. Candy | 13. Holiday |
| 2. Christmas | 6. Gifts | 10. Giving | 14. Music |
| 3. Vacation | 7. Decorations | 11. Ornaments | 15. Lights |
| 4. Family | 8. Shopping | 12. Santa | 16. Carols |

NOVEMBER 2020

Monday	Tuesday	Wednesday	Thursday	Friday
<p>2 Center Closed</p>	<p>3 Election Day Polls Open at 6:30 a.m. and close at 7:30 p.m.</p> 	<p>4 Center Closed</p>	<p>5 Center Closed</p>	<p>6 Center Closed</p>
<p>9 Center Open Wii Bowling 11-12:00 Light Lunch 12-12:30 Registration Required, 440-353-0828 Doors open at 10:50 a.m.</p>	<p>10 Family Feud 11-12:00 Light Lunch 12-12:30 Registration Required, 440-353-0828 Doors open at 10:50 a.m.</p>	<p>11 Center Closed Veteran's Day</p> 	<p>12</p>	<p>13</p>
<p>16 Wii Bowling 11-12:00 Light Lunch 12-12:30 Registration Required, 440-353-0828 Doors open at 10:50 a.m.</p>	<p>17 Family Feud 11-12:00 Light Lunch 12-12:30 Registration Required, 440-353-0828 Doors open at 10:50 a.m.</p>	<p>18 Bingo 11-12:00 Light Lunch 12-12:30 Registration Required, 440-353-0828 Doors open at 10:50 a.m.</p>	<p>19</p>	<p>20</p>
<p>23 Wii Bowling 11-12:00 Light Lunch 12-12:30 Registration Required, 440-353-0828 Doors open at 10:50 a.m.</p>	<p>24 Family Feud 11-12:00 Light Lunch 12-12:30 Registration Required, 440-353-0828 Doors open at 10:50 a.m.</p>	<p>25 Bingo 11-12:00 Light Lunch 12-12:30 Registration Required, 440-353-0828 Doors open at 10:50 a.m.</p>	<p>26 Center Closed Happy Thanksgiving</p> 	<p>27 Center Closed</p>
<p>30 Wii Bowling 11-12:00 Light Lunch 12-12:30 Registration Required, 440-353-0828 Doors open at 10:50 a.m.</p>		<p>Don't forget your Mask!</p> 		

DECEMBER 2020

Monday	Tuesday	Wednesday	Thursday	Friday
<p>Don't forget your Mask!</p> 	<p>1</p> <p>Family Feud 11-12:00 Light Lunch 12-12:30</p> <p>Registration Required, 440-353-0828</p> <p>Doors open at 10:50 a.m.</p>	<p>2</p> <p>Bingo 11-12:00 Light Lunch 12-12:30</p> <p>Registration Required, 440-353-0828</p> <p>Doors open at 10:50 a.m.</p>	<p>3</p>	<p>4</p>
<p>7</p> <p>Wii Bowling 11-12:00 Light Lunch 12-12:30</p> <p>Registration Required, 440-353-0828</p> <p>Doors open at 10:50 a.m.</p>	<p>8</p> <p>Family Feud 11-12:00 Light Lunch 12-12:30</p> <p>Registration Required, 440-353-0828</p> <p>Doors open at 10:50 a.m.</p>	<p>9</p> <p>Bingo 11-12:00 Light Lunch 12 - 12:30</p> <p>Registration Required, 440-353-0828</p> <p>Doors open at 10:50 a.m.</p>	<p>10</p>	<p>11</p>
<p>14</p> <p>Wii Bowling 11-12:00 Light Lunch 12-12:30</p> <p>Registration Required, 440-353-0828</p> <p>Doors open at 10:50 a.m.</p>	<p>15</p> <p>Family Feud 11-12:00 Light Lunch 12 - 12:30</p> <p>Registration Required, 440-353-0828</p> <p>Doors open at 10:50 a.m.</p>	<p>16</p> <p>Bingo 11-12:00 Light Lunch 12-12:30</p> <p>Registration Required, 440-353-0828</p> <p>Doors open at 10:50 a.m.</p>	<p>17</p>	<p>18</p>
<p>21</p> <p>Wii Bowling 11-12:00 Light Lunch 12-12:30</p> <p>Registration Required, 440-353-0828</p> <p>Doors open at 10:50 a.m.</p>	<p>22</p> <p>Family Feud 11-12:00 Light Lunch 12-12:30</p> <p>Registration Required, 440-353-0828</p> <p>Doors open at 10:50 a.m.</p>	<p>23</p> <p>Bingo 11-12:00 Light Lunch 12-12:30</p> <p>Registration Required, 440-353-0828</p> <p>Doors open at 10:50 a.m.</p>	<p>24</p> <p>Center Closed Christmas Eve</p> 	<p>25</p> <p>Center Closed Merry Christmas</p> 
<p>28</p> <p>Wii Bowling 11-12:00 Light Lunch 12-12:30</p> <p>Registration Required, 440-353-0828</p> <p>Doors open at 10:50 a.m.</p>	<p>29</p> <p>Family Feud 11-12:00 Light Lunch 12-12:30</p> <p>Registration Required, 440-353-0828</p> <p>Doors open at 10:50 a.m.</p>	<p>30</p> <p>Bingo 11-12:00 Light Lunch 12-12:30</p> <p>Registration Required, 440-353-0828</p> <p>Doors open at 10:50 a.m.</p>	<p>31</p> <p>New Year's Eve</p> 	<p>1</p> <p>Center Closed Happy New Year!</p> 

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North Ridgeville Seniors, Inc.
7327 Avon Belden Road
North Ridgeville, OH 44039

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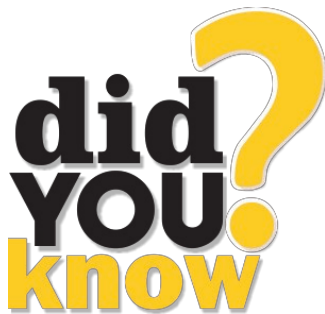
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North Ridgeville Senior Center Newsletter

November & December 2020

(440) 353-0828
7327 Avon Belden Road



Wearing a mask protects you and others!
Please mask up when you are out in public
or are in areas where you cannot social
distance! Stay healthy by washing your
hands frequently for 20 seconds with soap
and warm water. Stay home if you are sick.

