



# Healthy Strides... Come Walk with Us!

**Healthy Strides... Come Walk with Us!** combines a casual 30-minute walk, preceded by a brief informative talk by local health professionals and city officials. The program will run for 13 consecutive Thursdays, with a guest speaker every other week beginning on June 8.

**All members of the community are welcome. Free to attend. No registration required.**

In the event of inclement weather, walks may be canceled. Updates will be posted at: [www.nridgeville.org/parksandrec](http://www.nridgeville.org/parksandrec).

**WHEN:** Every Thursday, June 8 through August 31

**WHERE:** South Central Park - Pavilion 1  
7565 Avon Belden Road  
North Ridgeville, OH, 44039

**TIME:** 6:00 - 7:00 p.m.

**CONTACT:** For more information or questions call 216.386.7441 or email [comewalkwithus@ccf.org](mailto:comewalkwithus@ccf.org).

**SPONSORS:**

