

# 4<sup>TH</sup> ANNUAL CLEVELAND STACHE DASH 5K



## NOVEMBER 4 – 9:00AM

*Benefits:*

**Race Day Registration: 7:00AM**

*North Ridgeville Parks & Recreation Department*



## REGISTRATION FORM

**5K Race:** \$30 Pre-Registration / \$35 Race Day

**1 Mile:** \$20 Pre-Registration / \$25 Race Day

**5K Race (children 12 & under):** \$25 Pre-Registration / \$30 Race-Day

**Name:** \_\_\_\_\_ **DOB\*:** \_\_\_\_/\_\_\_\_/\_\_\_\_ **Age\*:** \_\_\_\_\_

**Checks can be mailed to:**  
North Ridgeville Parks & Recreation  
Attn: Stache Dash  
7307 Avon Belden Road  
North Ridgeville, Ohio 44039

**Gender\*:** Male Female

**Make checks payable to:**  
NR Parks & Rec

**\*If not completed you will not receive a 5K time**

**Age Divisions:** 12 and under; 13-16; 17-20; 21-25; 26-30; 31-35; 36-40; 41-45; 46-50; 51-55; 56-60; 61-65; 66+

**Awards:** Gift card awarded to Top Overall Male & Female. 5K & 1M participants receive a finishers' medal!

I am registering for (circle one):                      **5K**                      **1M**

**Youth:** \_\_\_\_YM \_\_\_\_YL \_\_\_\_YXL    **Adult (gender specific):** \_\_\_\_AS \_\_\_\_AM \_\_\_\_AL \_\_\_\_AXL \_\_\_\_AXXL

**Register by October 23 to guarantee you receive a t-shirt & finishers' medal**

**Address:** \_\_\_\_\_ **City:** \_\_\_\_\_ **State:** \_\_\_\_\_ **Zip:** \_\_\_\_\_

**Email:** \_\_\_\_\_ **Phone:** (     ) \_\_\_\_\_

**Payment:** \_\_\_\_ Cash    \_\_\_\_ Check    \_\_\_\_ Check No.    \_\_\_\_ Credit/Debit    \_\_\_\_ Receipt No.

*I hereby acknowledge that by entering this race, I waive any and all claims for damages that I may have against the City of North Ridgeville, The Parks and Recreation Administration, or DMC Timing and all other involved in the production of this race, in connection with any and all injuries suffered by me while running, traveling to and/or from, or by participating in this event. I attest that I am physically fit and have trained to participate in this event. I have full knowledge of the risks involved. I further acknowledge that the race course may contain uneven surface conditions. I am aware that the race is on public roads and vehicular traffic may be encountered, and I accept these risks. This waiver shall be binding on my heirs, executors, and / or assignees. I give my full permission to City of North Ridgeville and their sponsors and corporate partners to use any photographs, videotapes, or other recordings of me that are made during the course of the event.*

**Signed:** \_\_\_\_\_

**Date:** \_\_\_\_/\_\_\_\_/\_\_\_\_

**Register Online At:**

**Guardian (if under 18):** \_\_\_\_\_

**Date:** \_\_\_\_/\_\_\_\_/\_\_\_\_

[nridgeville.org/parksandrec](http://nridgeville.org/parksandrec)